First-Year Checklist



EXPLORE

To begin your Career Journey, it is important to consider the steps you will focus on during your first year at college. This is a quick check sheet to help you **explore** what makes you unique, learn about tools to use during application processes, and pursue options to gain experience.

WHO IS AVAILABLE TO GUIDE YOU?

CAREER PLANNING TEAM

Ashleigh Best, Director Paul Seling, Associate Director Justine Harrison, Assistant Director Jamie Adler, Health Professions Advisor Jackie Sanchez, Administrative Coord.

GOALS

- Draft your <u>resume</u> and have it reviewed by Career Planning.
- Complete <u>PathwayU</u> assessments.
- Research <u>academic majors</u>.
- Review results of <u>StrengthsFinder</u> with Career Planning.
- Create your <u>Handshake</u> and <u>LinkedIn</u> profile.
- Customize your profile in Scots Career Hub for tailored content to your inbox

GET INVOLVED

- Join <u>student organizations</u> that capture your interests
- Learn about <u>volunteer</u>, <u>fellowship</u> and <u>research opportunities</u>
- Apply for summer job and internships.

TOOLS

- <u>Scots Career Hub</u>
- What do Wooster Grads do?
- What can I do with a major in?

