

## INTERESTS CHECKLIST

How do you like to spend your time? Review the list below and place a check (✓) next to the activities that you currently enjoy doing. Place an asterisk (\*) beside those things that you enjoy, but don't presently have the time and/or opportunity to do.

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> studying nature          | <input type="checkbox"/> conserving natural resources   | <input type="checkbox"/> hands-on activities        |
| <input type="checkbox"/> being outdoors           | <input type="checkbox"/> drawing, painting, sketching   | <input type="checkbox"/> creating new things        |
| <input type="checkbox"/> rearranging furniture    | <input type="checkbox"/> studying art                   | <input type="checkbox"/> learning how things work   |
| <input type="checkbox"/> decorating things        | <input type="checkbox"/> organizing information/records | <input type="checkbox"/> philosophy                 |
| <input type="checkbox"/> collecting things        | <input type="checkbox"/> working with animals           | <input type="checkbox"/> dissecting an organism     |
| <input type="checkbox"/> listening to music       | <input type="checkbox"/> being around animals           | <input type="checkbox"/> dancing                    |
| <input type="checkbox"/> traveling                | <input type="checkbox"/> scientific research            | <input type="checkbox"/> ballet                     |
| <input type="checkbox"/> playing with children    | <input type="checkbox"/> studying the media             | <input type="checkbox"/> bird watching              |
| <input type="checkbox"/> solving problems         | <input type="checkbox"/> reading                        | <input type="checkbox"/> anticipating others' needs |
| <input type="checkbox"/> working with numbers     | <input type="checkbox"/> analyzing movies               | <input type="checkbox"/> visiting the elderly       |
| <input type="checkbox"/> charity work             | <input type="checkbox"/> designing things               | <input type="checkbox"/> socializing                |
| <input type="checkbox"/> auto work/repair         | <input type="checkbox"/> budgeting                      | <input type="checkbox"/> caring for the sick        |
| <input type="checkbox"/> gardening                | <input type="checkbox"/> joining public causes          | <input type="checkbox"/> giving advice              |
| <input type="checkbox"/> meeting people           | <input type="checkbox"/> talking about politics         | <input type="checkbox"/> planning events            |
| <input type="checkbox"/> reading spiritual guides | <input type="checkbox"/> doing electrical work          | <input type="checkbox"/> studying artifacts         |
| <input type="checkbox"/> building things          | <input type="checkbox"/> studying stocks/investments    | <input type="checkbox"/> singing                    |
| <input type="checkbox"/> analyzing systems        | <input type="checkbox"/> data processing                | <input type="checkbox"/> playing team sports        |
| <input type="checkbox"/> studying languages       | <input type="checkbox"/> science fiction                | <input type="checkbox"/> playing individual sports  |
| <input type="checkbox"/> engaging in business     | <input type="checkbox"/> photography                    | <input type="checkbox"/> studying maps              |
| <input type="checkbox"/> teaching others          | <input type="checkbox"/> writing poetry and stories     | <input type="checkbox"/> selling things             |
| <input type="checkbox"/> exploring new places     | <input type="checkbox"/> programming computers          | <input type="checkbox"/> analytical writing         |
| <input type="checkbox"/> supervising people       | <input type="checkbox"/> observing human behavior       | Other things not listed:                            |
| <input type="checkbox"/> public speaking          | <input type="checkbox"/> church activities              | _____   |
| <input type="checkbox"/> using social media tools | <input type="checkbox"/> solving crossword puzzles      | _____   |

**Do you see any themes?**