## Career Advising & Professional Development

## Who is on your personal board of directors?

Conceived by <u>Kate Hutson</u>, a personal board of directors is a group of individuals that you have assembled as part of your network to help you develop and navigate your career. These individuals can be peers, friends, family members, colleagues, or leaders that you can reach out to for advice, guidance, and feedback.

As part of your network, find people who...

- will celebrate you
- validate your feelings
- remind you of your good qualities
- have a strong career identity
- will be an advocate for you
- foster psychological safety
- will give you honest feedback
- hold you accountable
- will mentor you
- share knowledge
- are good at finishing tasks
- challenge you to go bigger
- have more experience than you
- are a great connector
- have organizational power
- will help you develop your skills
- make you feel heard
- are a sounding board for you
- navigate workplace politics well
- are a great coach
- will encourage you with challenges
- are a leader you admire
- know the unwritten rules of a company
- has good...

Personal of Directors As part of your network, someone who... reminds validates will will give me of my has good... celebrate me honest my good feelings feedback me qualities has a is a will help will be an has more strong sounding me advocate experience board for career develop for me than me identity my skills me navigates fosters Pliī workplace is a great psychomakes me politics logical coach feel heard CAPD well safety knows the has challenges unwritten organizais a leader is a great me to go I admire rules of a tional connector bigger company power will is good at will holds me encourage shares finishing mentor accountknowledge me with tasks me able challenges

You can use the above bingo card to give you a fun way to assemble this very important group of people for your future career! Feel free to add/edit any part of the list that makes the most sense for you. The goal with a personal board of directors is to have a diverse group of people who will add to your viewpoint and perspective—so avoid having everyone from the same industry or organization.

**Feeling as though you still have some big gaps on your card?** Consider expanding your network through <u>informational</u> <u>interviewing</u> and utilizing tools available to the MIT community like <u>Alumni Advisors Hub</u>.