Helping your student in their first year

Deborah Liverman, Executive Director
Kendel Jester, Assistant Director
Francis Borrego, Senior Assistant Director
Welcome from CAPD
Deborah Liverman, Executive Director
Welcome to the Family/Supporters page!

Exploration, preparation, and a team that understands how it all works.

MIT Career Advising and Professional Development (CAPD) empowers students to think big picture about their career interests and goals, then supports them through every part of the journey, from research, resumes, and career fairs, to interviews, job offers, and salaries. Watch the CAPD Orientation to learn how our office can help your student explore careers and prepare for internships, jobs, and graduate school. Learn more about our programs and services and meet CAPD staff.

Parents and supporters are integral navigators

Parents and supporters have a special role in navigating students to resources during their time at MIT that will help as they discover their career interests and gain experience to verify that those are career paths they wish to pursue in the future. Review this video series to hear additional ways that parents and supporters can assist students in career exploration.

Supporting your student during the first year at MIT

At MIT, supporters, families, and parents can help first year students explore and prepare for their future careers by

Supporting your student beyond the first year

MIT co-curricular and experiential learning provides vast opportunities to explore and discover career paths. We

Continuing to support your graduate student's career pursuits

As a parent or supporter of a graduate student at MIT, your role continues to be important. An advanced degree often
Helping your student in their first year

Access this presentation for family & supporters to understand how CAPD helps your first-year student at MIT.
Our mission

We empower students, postdocs and recent alumni to explore their life and career goals by helping them to develop core competencies and build professional networks.

Watch the CAPD introduction video to learn more.
Career Services
Explore and prepare for careers, internships, employment, and graduate/professional school.
Connects them to employers, industry, and grad/prof programs.

Prehealth Advising
Explore and prepare for application to medical and health profession schools.

Distinguished Fellowships
Prepare effective applications for nationally or internationally competitive awards.

Graduate Student Professional Development
Develop skills and competencies to prepare for personal and professional success while at MIT and beyond.
Supporting students’ career interests

View our Career Interest pages for more information on how we support students, graduates, and postdocs.
Affinity/identity career resources

Think about how identity affects the career process as we provide support.
Overview of first year programming

Kendel Jester
Assistant Director, Early Career Engagement
First year career support at a glance

**Orientation Programming**

Both through partnerships with other programs (through FPOPs) and through direct programming, CAPD provides an introduction to first years about career resources.

**First Year Newsletter**

This bi-weekly newsletter to all first years shares information on upcoming events, career resources, and internships as well as opportunities to support their career development.

**MIT Future Programs**

Offered alongside programming for the Fall Career Fair and the Career Exploration Series, the Me in the (MIT) Future series covers professional primers, workshops, and panels.

**Launch Into Spring**

From the Independent Activities Period (IAP) in January through early Spring, Launch into Spring provides support to first years headed into their first summer experience.
Additional career support from CAPD

One-on-One Advising
Offered by career advising staff and peer career advisors (PCAs), we can meet with your student on topics from career/major exploration, internship searches, resumes, to career planning and beyond.

Workshops & Events
Throughout the year, CAPD offers in-person and virtual events to all students and postdocs, and we have employers who offer events including office hours, site visits, and resume reviews.

Career Exploration & Fairs
Career exploration is a main focus in the fall, with a Career Exploration Series and the Fall Career Fair, with many supports available to first year undergraduates offered throughout.

IAP & Micro-internships
The Independent Activities Period (IAP) also has alumni and employer-sponsored micro-internships that provide students a project-based opportunity to develop their skill set and build experience.
First year & CAPD career programs over the year

- **Bi-weekly first year career newsletter**
  - FPOPs and orient.
  - MIT Future Programming
  - Launch Into Spring Series

- **One-on-one career advising**
  - Career exploration events & fairs
  - IAP & micro internships

- **CAPD workshops and employer events**

<table>
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<tr>
<th>AUG</th>
<th>SEP</th>
<th>OCT</th>
<th>NOV</th>
<th>DEC</th>
<th>JAN</th>
<th>FEB</th>
<th>MAR</th>
<th>APR</th>
<th>MAY</th>
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- **First-year exclusive**
- **Supporting all students**
Overview of student outcomes

Francis Borrego, Senior Assistant Director
Next intended activity after MIT

Students graduating from MIT are well positioned for life-long career success.

For those pursuing further education:

- 56% continue on at MIT
- 35% pursue a PhD or ScD
- 43% pursue an MEng degree
- 7% pursue MD or MD/PhD joint program

For students seeking employment:

- 96% found employment within 3-months of graduation

Seniors
Class of 2023
n= 517; 52% response rate

- 43% Grad School
- 9% Other
  *Other: PostBac, Distinguished Fellowships, Travel
- 49% Employment

Source: https://ir.mit.edu/gss
2023 senior class highlights

• MIT average starting salary is about $40,000 higher than the national average for STEM graduates.

• 47% of students chose to work for an employer they previously interned at during their time at MIT.

• 14% who chose employment after graduation went on to work at a “Start-up” company.

Employment: average starting salary

<table>
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<tr>
<th>Salary</th>
<th>Average</th>
<th>25th %ile</th>
<th>Median</th>
<th>75th %ile</th>
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<tbody>
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<td>Salary</td>
<td>$126,841</td>
<td>$83,000</td>
<td>$110,000</td>
<td>$149,000</td>
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<tr>
<td>Sign-on Bonus (for those who...)</td>
<td>$36,425</td>
<td>$10,000</td>
<td>$15,000</td>
<td>$50,000</td>
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</tbody>
</table>

Employment: industry will work in

- Information/Computer Technology: 32%
- Finance & Insurance: 18%
- Consulting: 13%
- Healthcare, Pharma, Medical Devices: 8%
- Transportation: 7%
- Academic Institution: 6%
- Government: 4%
- Energy and Utilities: 4%
### Graduate schools
- MIT
- Harvard
- Stanford
- Cal Tech
- UC Berkeley
- Carnegie Mellon
- Columbia
- Boston University
- Cornell
- Princeton
- Tufts
- University of Pennsylvania
- University of Washington

### Top employers
#### Hired more than 2 graduates
- Amazon, Inc.
- Apple
- Bain & Company
- Boeing
- Boston Consulting Group
- Boston Dynamics
- Capital One
- Chartwell Consulting
- Children's Hospital, Boston
- Citadel
- Datadog
- Epic Systems
- Five Rings
- Flatiron Health
- General Motors
- Goldman Sachs

- Google
- Hudson River Trading
- Jane Street Capital
- Jump Trading
- Lexington Medical
- McKinsey & Company
- Meta
- Microsoft
- Netflix
- Palantir Technologies
- Schmidt Futures
- SpaceX
- Tesla Inc.
- U.S. Navy
- Zoox

### What was essential when accepting their job offer?
- Job content: 54%
- Career advancement: 42%
- Challenging work: 41%
- Location: 38%
- Fit with culture: 30%
- Salary: 29%
- Make a difference: 28%
- Fit with experience: 26%
- Work life balance: 23%
- Company mission: 23%
- Employer reputation: 22%
- Benefits: 11%
Preparing for career success

Experiential Learning Opportunities supplement rigorous academic coursework.

Rising sophomores go on to do quality internships after their first year.

Recruiting at MIT facts:

- More than 150,000 postings on Handshake (25+% are internships)
- More than 200 organizations attend our Fall Career Fair (Sept. 20, 2024)
- Other Career Fairs and Employer Engagement opportunities happen throughout the academic year.

Class of 2023 while at MIT:

- 94% completed a UROP
- 75% completed an internship
- 36% did an experience abroad
- 27% completed a leadership activity
- 18% did a public service activity

\[\text{\begin{tabular}{|c|c|c|}
\hline
Rising SO & Rising JR & Rising SR \\
\hline
38% & 64% & 66% \\
\hline
36% & 23% & 20% \\
\hline
\end{tabular}}\]
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Thank you!

Question & Answer

Career Advising & Professional Development