

Helping your student in their first year

Deborah Liverman - Executive Director

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Career Advising &
Professional Development

Welcome from CAPD

Deborah Liverman, Executive Director

CAPD.MIT.EDU

Family/Supporters – Career Adv X



https://capd.mit.edu/channels/family-supporters/



80%



Welcome to the Family/Supporters page!

Exploration, preparation, and a team that understands how it all works.

MIT Career Advising and Professional Development (CAPD) empowers students to think big picture about their career interests and goals, then supports them through every part of the journey, from research, resumes, and career fairs, to interviews, job offers, and salaries. Watch the [CAPD Orientation](#) to learn how our office can help your student explore careers and prepare for internships, jobs, and graduate school. Learn more about our [programs and services](#) and meet [CAPD staff](#).

Parents and supporters are integral navigators

Parents and supporters have a special role in navigating students to resources during their time at MIT that will help as they discover their career interests and gain experience to verify that those are career paths they wish to pursue in the future. Review [this video series](#) to hear additional ways that parents and supporters can assist students in career exploration.



Supporting your student during the first year at MIT

At MIT, supporters, families, and parents can help first year students explore and prepare for their future careers by



Supporting your student beyond the first year

MIT co-curricular and experiential learning provides vast opportunities to explore and discover career paths. We



Continuing to support your graduate student's career pursuits

As a parent or supporter of a graduate student at MIT, your role continues to be important. An advanced degree often

Family engagement form



Access this presentation



Helping your student in their first year

Access this presentation for family & supporters to understand how CAPD helps your first-year student at MIT.

Our mission

We empower students, postdocs and recent alumni to explore their life and career goals by helping them to develop core competencies and build professional networks.

Watch the [CAPD introduction video](#) to learn more.

Career Services

Explore and prepare for careers, internships, employment, and graduate/professional school.

Connects them to employers, industry, and grad/prof programs.

Prehealth Advising

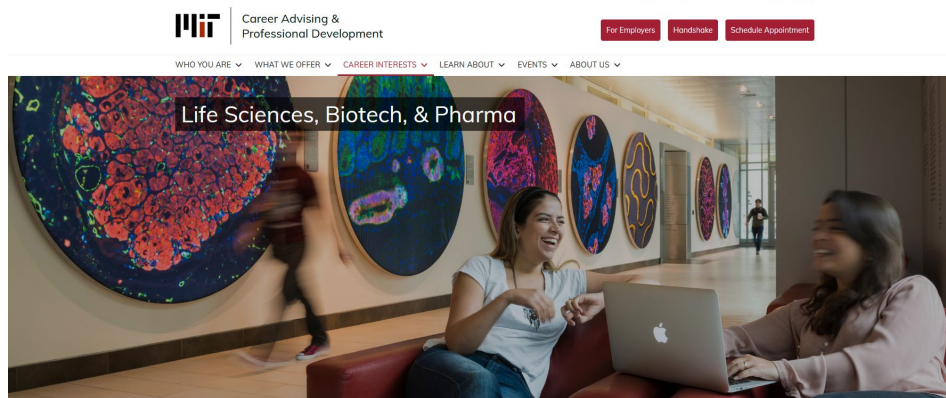
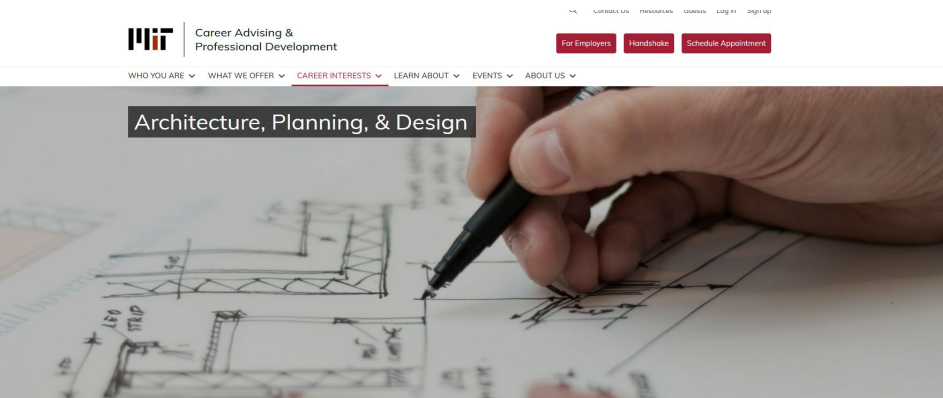
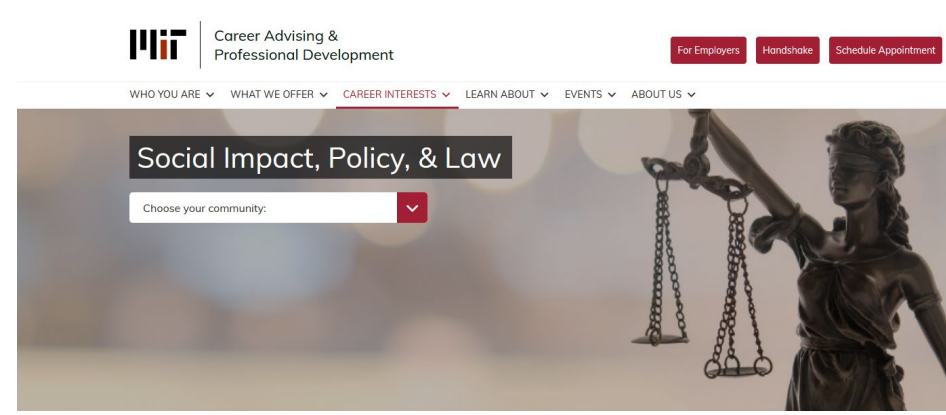
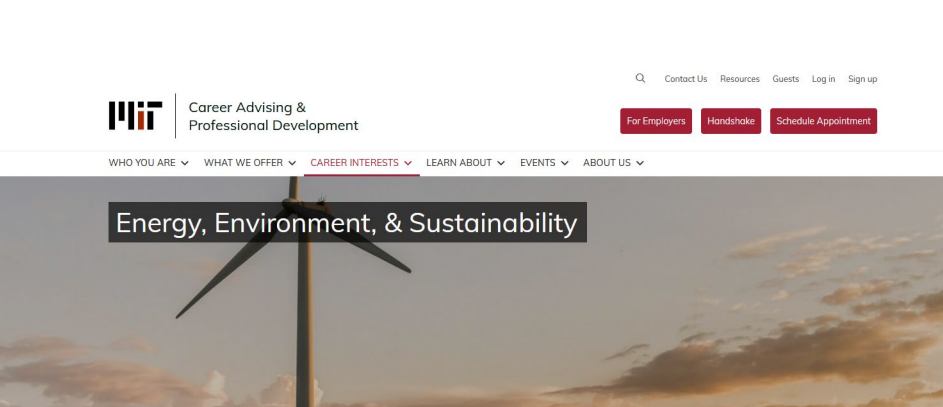
Explore and prepare for application to medical and health profession schools.

Distinguished Fellowships

Prepare effective applications for nationally or internationally competitive awards.

Graduate Student Professional Development

Develop skills and competencies to prepare for personal and professional success while at MIT and beyond.



Supporting students' career interests

View our [Career Interest pages](#) for more information on how we support students, graduates, and postdocs.



Affinity / Identity

Choose your community:



- DACA/Undocumented
- First Generation, Low Income
- International Students
- LGBTQ+
- Students of Color
- Students with disabilities
- Veterans



Affinity/identity career resources

Think about how identity affects the career process as we provide support.

Overview of first year programming

Kendel Jester

Assistant Director, Early Career Engagement

First year career support at a glance

Orientation Programming

Both through partnerships with other programs (through FPOPs) and through direct programming, CAPD provides an introduction to first years about career resources.

First Year Newsletter

This bi-weekly newsletter to all first years shares information on upcoming events, career resources, and internships as well as opportunities to support their career development.

MIT Future Programs

Offered alongside programming for the *Fall Career Fair* and the *Career Exploration Series*, the *Me in the (MIT) Future* series covers professional primers, workshops, and panels.

Launch Into Spring

From the Independent Activities Period (IAP) in January through early Spring, *Launch into Spring* provides support to first years headed into their first summer experience.



Career Advising & Professional Development

CAREER EVENTS FOR FIRST YEARS

SEPTEMBER & OCTOBER 2025

CAPD'S "ME IN THE FUTURE" EVENT SERIES FOR FIRST-YEARS

- 8/26-9/6 | all day | CAPD Virtual Orientation
- 9/9 | 7:00 PM-8:00 PM | Resume overview and advice
- 9/10 | 7:00 PM - 8:00 PM | How to work a career fair
- 9/19 | 9:30 AM - 10:00 AM | Career fair early access
- 9/23 | 7:00 PM - 8:00 PM | Microinternships info session
- 10/3 | 12:00 PM-1:00 PM | Networking in the US Context
- 10/8 | 6:00-7:00 | Navigating your internship search

Additional career support from CAPD

One-on-One Advising

Offered by career advising staff and peer career advisors (PCAs), we can meet with your student on topics from career/major exploration, internship searches, resumes, to career planning and beyond.

Workshops & Events

Throughout the year, CAPD offers in-person and virtual events to all students and postdocs, and we have employers who offer events including office hours, site visits, and resume reviews.

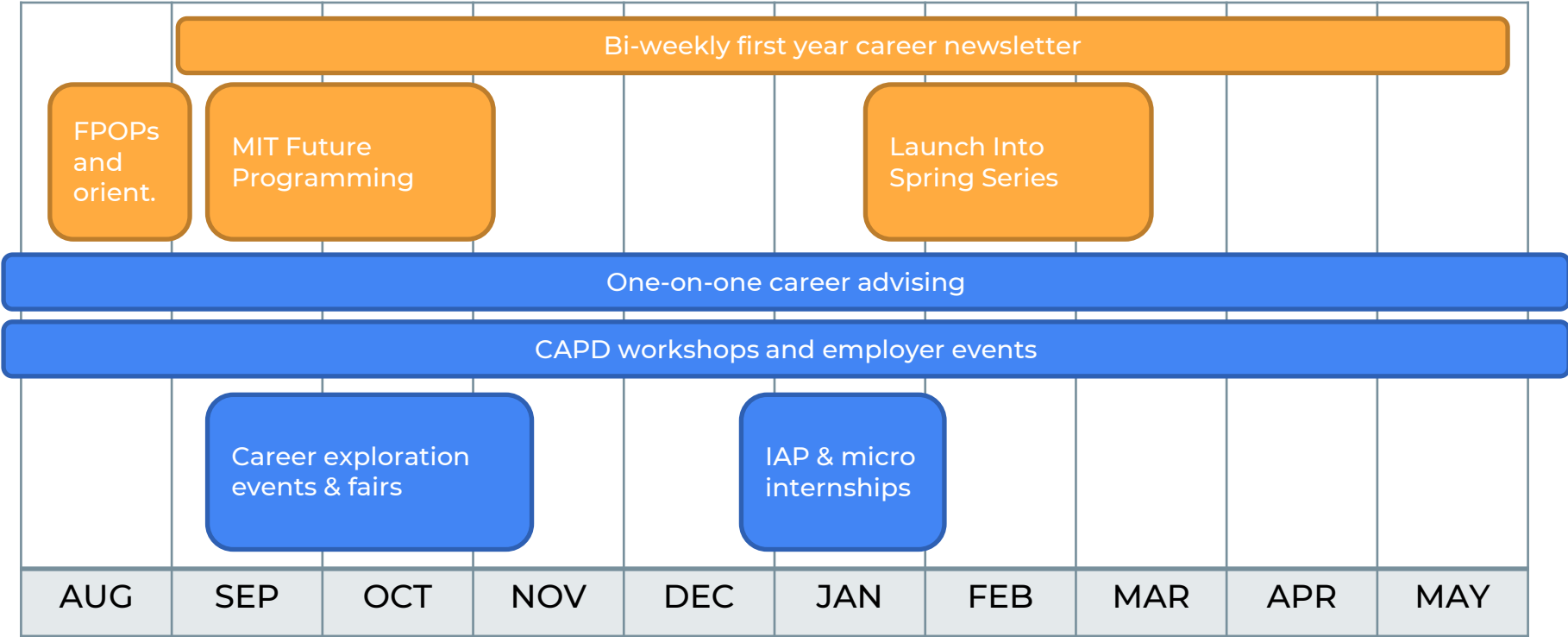
Career Exploration & Fairs

Career exploration is a main focus in the fall, with a *Career Exploration Series* and the *Fall Career Fair*, with many supports available to first year undergraduates offered throughout.

IAP & Micro-internships

The Independent Activities Period (IAP) also has alumni and employer-sponsored micro-internships that provide students a project-based opportunity to develop their skill set and build experience.

First year & CAPD career programs over the year



● First-year exclusive
 ● Supporting all students

Overview of student outcomes

Francis Borrego
Associate Director, Employer Relations

Next intended activity after MIT

Students graduating from MIT are well positioned for life-long career success.

For those pursuing further education:

- 63% continue on at MIT
- 39% pursue a PhD or ScD
- 37% pursue an MEng degree
- 6% pursue MD or MD/PhD joint program

For students seeking employment:

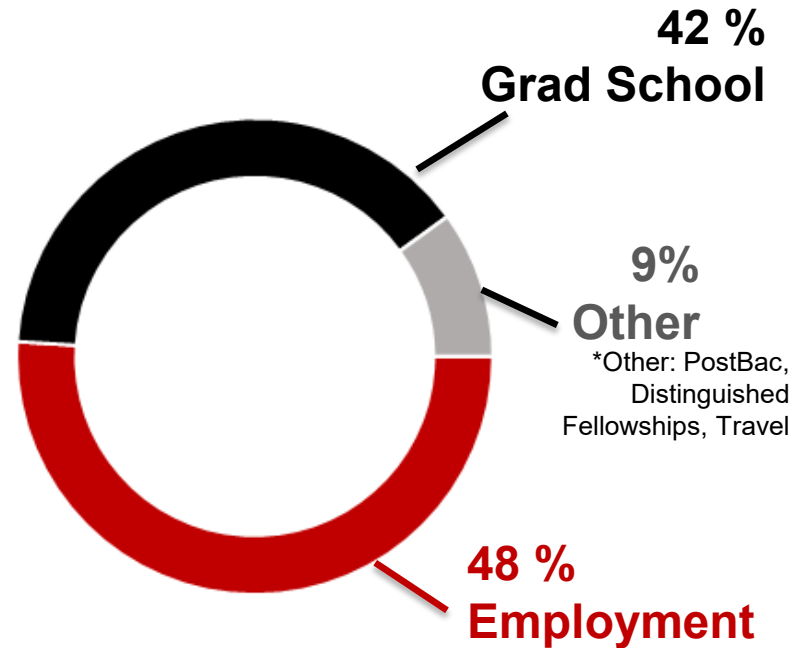
- 97% found employment within 6 months of graduation

Source: <https://ir.mit.edu/outcomes/>

Seniors

Class of 2025

n= 495; 50% response rate



2025 senior class highlights

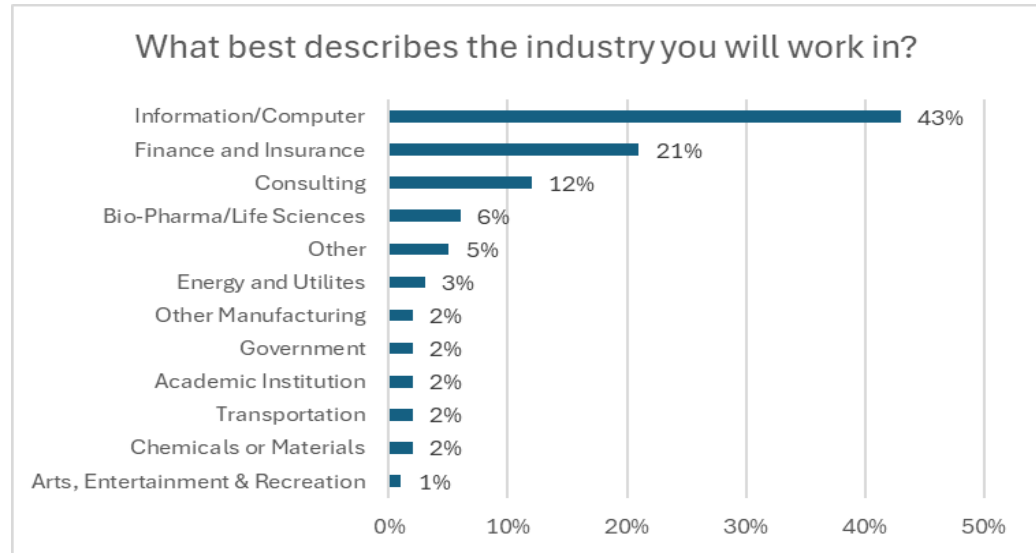
- A higher percentage of students found employment in highly technical or quantitative roles across technology driven industries.
- 56% of students chose to work for an employer they previously interned at during their time at MIT.
- 19% who chose employment after graduation went on to work at a “Start-up” company.

Employment: average starting salary

Approximate yearly salary and sign-on bonus in U.S. dollars

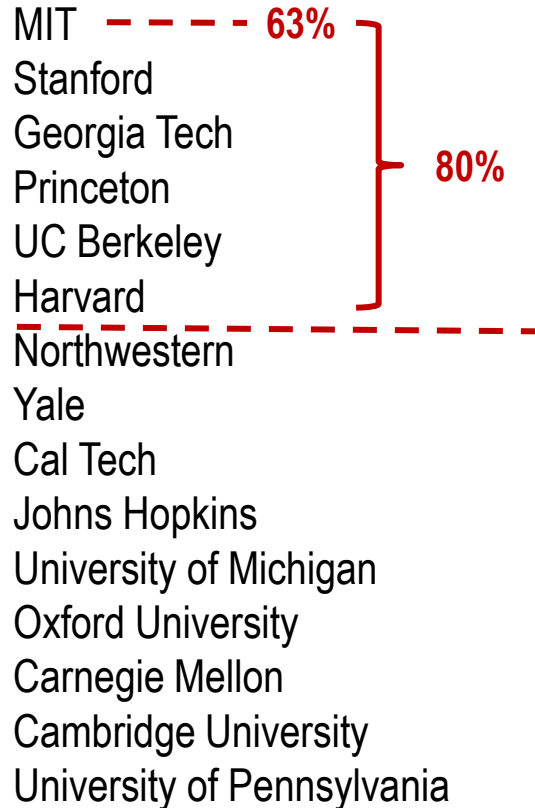
	Average	25th %ile	Median	75th %ile	N
Salary	\$145,820	\$100,000	\$130,000	\$164,406	178
Sign-on Bonus (for those who..	\$33,910	\$10,000	\$15,000	\$33,000	97

Employment: industry will work in



Graduate schools

Enrolled more than 3 graduates



Top employers

Hired more than 3 graduates

Amazon, Inc.	Google
Apple	InterSystems
Bain & Company	Jane Street Capital
Black Rock	McKinsey & Company
Bloomberg	McMaster-Carr
Boeing	Meta
Boston Consulting Group	Microsoft
Citadel	Morgan Stanley
Databricks	Netflix
Deutsche Bank	OpenAI
Epic	Palantir
Five Rings	Salesforce
GentleCare	SpaceX
	Suno

What was essential when accepting their job offer?

Job content-----	54%
Career advancement----	53%
Challenging work-----	45%
Salary-----	41%
Fit with culture-----	38%
Location-----	33%
Make a difference-----	32%
Company mission-----	30%
-	26%
Fit with experience-----	26%
Employer reputation----	19%
Benefits-----	15%
Work life balance-----	

Preparing for career success

Experiential Learning Opportunities supplement rigorous academic coursework.

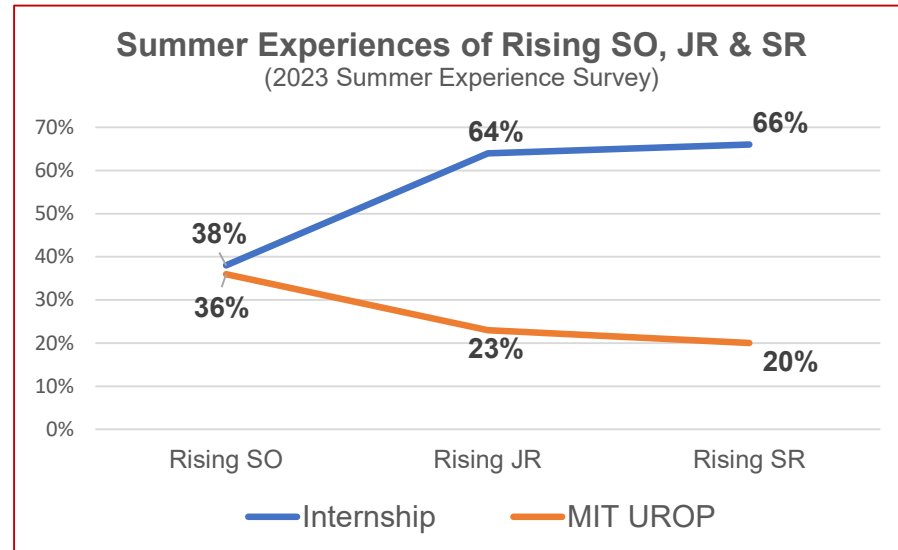
Rising sophomores go on to do quality internships after their first year.

Recruiting at MIT facts:

- More than 100,000 postings on Handshake (25+% are internships)
- Nearly 250 organizations attend our Fall Career Fair (Sept. 19, 2025)
- Other Career Fairs and Employer Engagement opportunities happen throughout the academic year

Class of 2025 while at MIT:

- 94% completed a UROP
- 78% completed an internship
- 49% did an experience abroad
- 22% completed a leadership activity
- 19% did a public service activity

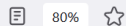


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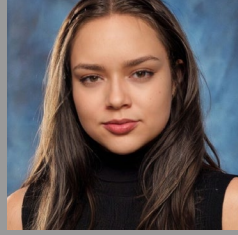
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Our Team



Thank you!

Question & Answer



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