

### IN THIS MAJOR YOU'LL LEARN TO:

- Understand the psychological and societal structures and mechanisms affecting human health behavior
- Understand that health and disease do not depend uniquely on biological mechanisms, but include societal and culture influences as well
- Understand that psychological and behavioral factors affect human health, and interact with surrounding economic and environmental conditions
- Understand the role of behavioral theory, research, and clinical practice in the promotion and maintenance of physical health and wellbeing

*And so much more! Faculty and advisors are here to help you get the most out of your program and how it may apply to different career paths*

### TOP SKILLS EMPLOYERS WANT:

Teamwork  
Critical thinking  
Analyze + interpret data  
Adaptability + resiliency  
Written + verbal communication  
Ethical judgement + reasoning  
Problem-solving  
Intercultural fluency  
Creativity  
Leadership

*A lot of people said so: World Economic Forum, McKinsey Consulting future of work report, National Association of Colleges + Employers, UR College Competencies*

### WHERE HEALTH, BEHAVIOR, & SOCIETY MAJORS END UP

Healthcare  
Higher Education  
Non-profit Organizations

Research  
Government  
Social Assistance

Scientific & Technical  
Consulting

*Based on real UR student + alumni data!*

### WAYS TO TELL YOUR STORY:

*Resources to help you tell your UR story!*

- Your Greene Center advisor
- Resume + Handshake profile
- LinkedIn + Mel Collective profiles
- Practice interviews
- A flexible and evolving plan
- Talk to people! Friends, family, advisors, faculty, alumni... it will help you refine your story!

### HOW TO BUILD THESE SKILLS:

- Get an on-campus job
- Take a skill development course
- Pursue an internship
- Conduct research with a faculty member
- Volunteer in the community
- Get involved in student organizations
- Do a virtual project
- Be curious and try new things

*Not sure where to start?  
The Greene Center can help!*

