

# Janea Healthy

123 Main St. Glenside, PA 19038  
484- 222- 1111, jhealthy@arcadia.edu www. linkedin.com/JaneaHealthy

## Education

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### Master of Medical Science, Physician Assistant Studies

May 2022

*Arcadia University, Glenside, PA*

**Relevant Coursework:** Clinical Decision Making, Evidence-Based Practice, Pharmacology & Therapeutics, Medicine, Professional Practice, Diagnostics and Clinical Procedures, Physical Diagnosis

### Bachelor of Science, Biobehavioral Health

May 2018

*Pennsylvania State University, University Park, PA*

**Relevant Coursework:** Medical Terminology, Research and Applications in BBH, Pharmacological Influences on Health, Biobehavioral Aspects of Stress, Spanish for Students in Medical-Related Fields

## Clinical Experiences

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May 2020-April 2021

### Pediatrics — Helping Hands Pediatrics Inc.

Sharon, PA

- Exposure to broad scope of conditions including strep throat, ear infections, asthma, rashes, GI complaints, obesity, depression, anxiety, behavioral disorders, and developmental disabilities
- Documented in MedNet patient history of illness, review of systems, physical exam, assessment & plan
- Performed newborn and well child exams, sports physicals, and sick visits
- Counseled parents and patients on routine visits regarding growth and development, vaccines, nutrition and exercise, and dental and sleep hygiene

### Family Medicine — Holmesburg Family Medicine

Philadelphia, PA

- Assessed patients across lifespan in outpatient and urgent care setting
- Gained experience in pain management and diagnosis of chronic illnesses such as diabetes, hypertension, cancer, heart failure, asthma/COPD, sleep apnea, as well as renal, degenerative, and autoimmune disease
- Performed comprehensive history and physical exams, with focus on heart, lung, neuro, and MSK systems
- Achieved tasks such as vaccines and PPD skin tests
- Observed procedures including cauterization and trigger point injections
- Educated patients on conditions and preventive care (diet, exercise, weight loss, smoking cessation)

### Internal Medicine — Chester County Hospital- Penn Medicine

West Chester, PA

- Documented patient histories, discharge notes, and locate relevant vitals, imaging, labs, consults in EPIC
- Evaluated patients in emergency department and generated admission notes
- Presented during rounds and collaborated with care team, including doctors, PAs, NPs, nurses, pharmacists, SW, PT/OT and various specialties such as cardiology, IR, pulmonary
- Researched and presented patient case study on cirrhosis

### General Surgery — BHMC, Surgical Associates of Delaware

Dover, DE

- Conducted pre- and post-operative rounds in inpatient and outpatient setting
- Assisted in procedures such as laparoscopic cholecystectomies, hernia repairs, temporal artery biopsies, endoscopy, bariatric surgery, colostomies, mastectomy
- Performed and assisted with camera and instruments, suturing and closing, incision and drainage, prepping of surgical site, removal of surgical drains, wound packing
- Evaluated patients on-call in ED, interpreted CT scans, and observed procedures such as thoracostomy

## Clinical Experiences (Continued)

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### **Elective** — Bradley and Wuhl Cardiology

Wynnewood, PA

- Evaluated patients in outpatient and inpatient setting for hospital consults
- Performed new visits and routine follow-ups, as well as preoperative and sports clearances
- Interpreted EKGs, echocardiograms, stress tests, Holter and event monitors, coronary angiography
- Assisted with patient chart prep and vitals such as blood pressure checks

### **Elective** — Newark Urgent Care

Newark, DE

- Attended to wide range of medical needs including sexually transmitted diseases, UTIs, lacerations, fractures, sprains/strains, chest pain, neurological emergencies and other chronic conditions
- Performed work and sports physicals
- Interpreted X-rays, EKGs, point of care testing such as urinalysis and glucose, lab data
- Assisted with and performed pelvic exams, vaccine administration, suturing/staples, bandage wrapping, splinting/casting, cerumen removal, fluorescein staining
- Referred to DocuTap EMR; performed administrative duties such as rooming patients and taking vitals, communicating with patients via phone regarding lab results and Covid testing on-site

### **Elective**— Women's Health

- Performed standardized patient encounters and engaged in discussions regarding clinical manifestations, diagnosis, treatments, screening and prevention
- Researched and documented case studies as full patient note with narrative, including PCOS and genitourinary syndrome of menopause
- Completed virtual clinical simulation scenarios

### **Core Elective**— Emergency Med

- Performed standardized patient encounters and presented ER patient cases to preceptor
- Engaged in discussions such as triage, appropriate first line diagnostics and treatments
- Researched and documented cases including small bowel obstruction and tension pneumothorax

## Work Experience

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### **Connecticut Asthma and Allergy Center**— Chief Medical Scribe (2019-2020)

West Hartford, CT

- Documented patient's H&P, A/P in EPIC; aided in retrieving diagnostic results, lab history for physician review; pended medications; ensured charge captures and level of service for visits
- Trained new scribes and created training materials to prepare scribes; reviewed scribes' charts and provided feedback; consulted with providers and administrators to assess scribe performance
- Roomed patients, captured vital signs, updated medications and history; performed skin tests, spirometry, nitric oxide tests, food/drug challenges
- Trained patients on epinephrine auto-injector and inhaler technique

### **Brookdale Senior Living, Memory Care and Assisted Living**— CNA (2018-19)

West Hartford, CT

- Direct care duties consistent with residents' care plans, including assistance with toileting, bathing, dressing, skin care, catheter care, and obtaining urine samples
- Encouraged resident engagement in activities and community events, at times facilitating games and other activities; escort residents to doctor appointments, outings
- Served meals and refreshments to residents, ensuring appropriatediets are enforced

## Licenses and Memberships

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- ACLS Certification, Expires 7/2023

# Gloria Heart

123 Artery Lane  
Pottstown, PA 19464

Phone: 951-627-9941  
Email: [gheart@arcadia.edu](mailto:gheart@arcadia.edu)

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## Education

Master of Medical Science in Physician Assistant Studies  
Arcadia University

Expected Graduation: May 2022  
Glenside, PA

Bachelor of Science in Biology  
Arcadia University

May 2018  
Glenside, PA

## Clinical Experience

Duties included documenting patient histories in MedNet, performing physical examinations, assisting in procedures such as endoscopy and colostomies, ordering and interpreting diagnostic studies, diagnosing disease and injury processes, collaborating with care teams to formulate treatment plans, and presenting assessments and plans to clinical preceptors. Educational opportunities included lectures, conferences, and independent case study research. Cited for outstanding clinical acumen and patient care. Each rotation was four weeks in length as listed below:

- **Neurology ICU Elective:** Capital Health Regional Medical Center, Trenton, NJ
- **General Surgery:** Aria Health - Frankford (Jefferson Northeast), Philadelphia, PA
- **Plastic Surgery Elective:** Bucks County Plastic Surgery, Newtown, PA
- **Internal Medicine:** Suburban Geriatrics, East Norriton, PA
- **Family Medicine:** Green and Seidner Family Practice, Lansdale, PA
- **Emergency Medicine:** Capital Health Regional Medical Center, Trenton, NJ
- **Women's Health:** Cape Regional Medical Center, Cape May Court House, NJ
- **Women's Health Elective:** Office of Dr. Marc Stemmer, Haddonfield, NJ
- **Behavioral Medicine:** Brandywine Counseling and Community Services, Wilmington, DE
- **Pediatrics:** Holy Redeemer Hospital, Meadowbrook, PA
- **Pediatric Infectious Disease Elective:** A.I. duPont Hospital for Children, Wilmington, DE

## Professional Experience

### Certified Nurse Aide

*Sanatoga Center (Genesis Healthcare)*

Sept. 2018-May 2021  
Pottstown, PA

- Supported nursing and physician staff on long-term care unit consisting of 15 residents
- Provided basic care to residents by assisting in activities of daily living and obtaining vital signs

### Emergency Room Registrar

*Pottstown Memorial Medical Center (Tower Health System)*

Jun. 2016-May 2019  
Pottstown, PA

- Consented patients for care in the ER prior to treatment
- Served as the first point of contact for patients and their families upon arrival

### Volunteering

*IM Able Foundation - Volunteer*

Feb. 2019-Apr. 2019  
Wyomissing, PA

- Participated in a fundraising competition with PA programs of the Greater Philadelphia Area to raise \$10,000 for the local IM Able Foundation
- This charity aims to "remove obstacles that prevent people affected by disabilities" by providing adaptive equipment grants, access to disability-friendly fitness centers, and promoting disability advocacy

## Professional Memberships

Student Member, American Academy of Physician Assistants (SAAAPA)

## Certifications

Board Eligible: National Commission on Certification of Physician Assistants. Scheduled for examination: May 2022

Health Care Provider, Basic Life Support – American Heart Association

Health Care Provider, Advanced Cardiac Life Support – American Heart Association