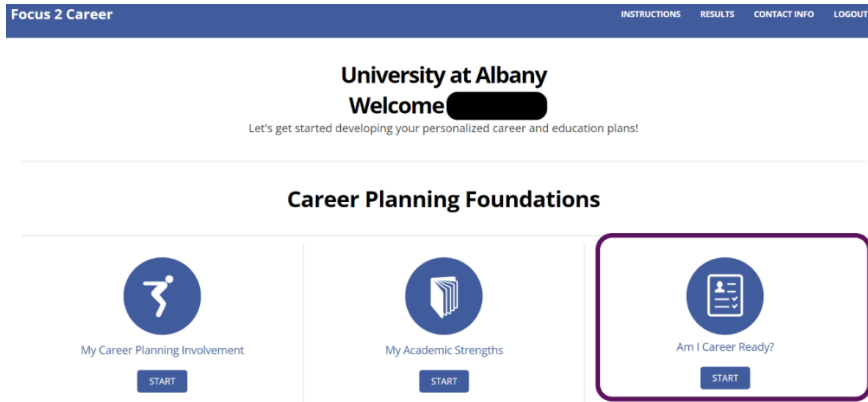


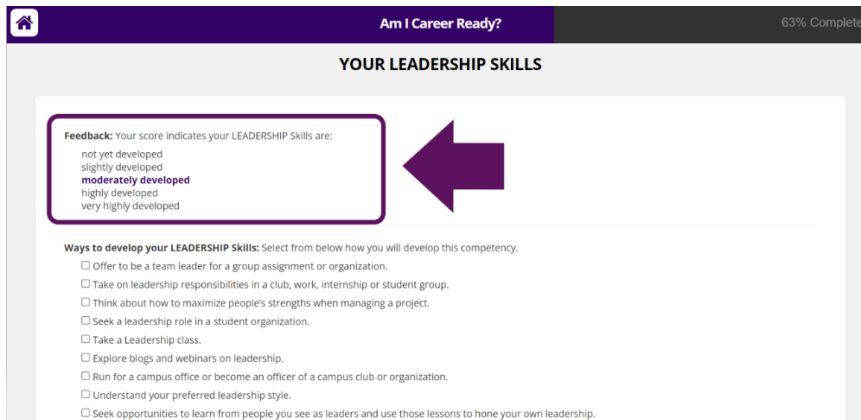
Focus2 Suggested Assignments

Focus2 is a series of assessment tests where students can think about concrete next steps for their career. For all UAlbany students, they can create a free Focus2 account. Directions on how to do so is outlined on the Office of Career & Professional Development [website](#). Below are two suggested assignments that Focus2 could be utilized in the classroom.

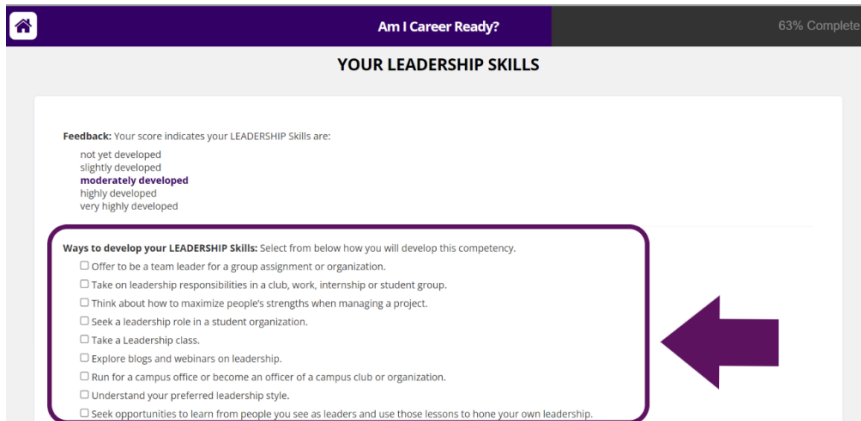
Suggested Assignment Option 1



Have the students [create a Focus2 account](#) and complete the “Am I Career Ready?” assessment. The students will be questioned on the eight [National Association of College and Educators \(NACE\) career readiness competencies](#): *Professionalism, Career & Self-Development, Critical Thinking, Communication, Teamwork, Technology, Equity & Inclusion, and Leadership.*



Once the students have taken the assessment, they will be given a particular level of development (*Not yet developed, Slightly developed, Moderately developed, Highly developed, and Very highly developed*) for each career readiness competency.



The students will also be given suggestions by the assessment on what they can do to further develop a particular career readiness competency.



After the students have taken the assessment, they could either answer Question A or Question B. The questions are very much adaptable to meet the needs of each faculty's class.

Question A:

Pick 1 competency from Category A and pick 2 competencies from Category B.

Category A (1 trait): Professionalism, Career & Self-Development

Category B (2 traits): Critical Thinking, Communication, Teamwork, Technology, Equity & Inclusion, Leadership

All of these eight competencies are traits that should be developed throughout your college experiences and to prepare you for your career. Think through the three particular traits from Category A & B that you've chosen.

- What were your results in the three competencies that you chose?
- Do you feel that the developmental level for all three competencies accurately describe you? Why or why not?
- How are these three competencies relevant to your particular major in the XXX Department?
- How do you envision utilizing these three career readiness competencies as you think about your future aspirations?

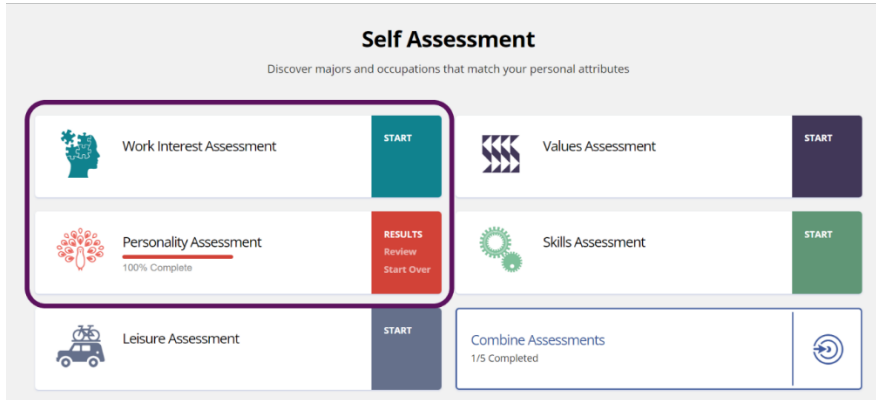
Question B:

Pick 1 competency from the following:

Professionalism, Career & Self-Development, Critical Thinking, Communication, Teamwork, Technology, Equity & Inclusion, Leadership

- Choose one competency trait that you would like to develop further this semester. Why?
- From the Focus2 assessment suggestions, what three ways can you try to develop this one particular career readiness competency further this semester?
- What other ways can your particular major in the XXX Department support you in ensuring your development to be career competency ready?

Suggested Assignment Option 2



Self Assessment
Discover majors and occupations that match your personal attributes

- Work Interest Assessment (START)
- Personality Assessment (RESULTS: Review, Start Over) - 100% Complete
- Leisure Assessment (START)
- Values Assessment (START)
- Skills Assessment (START)
- Combine Assessments (1/5 Completed)

Have the students [create a Focus2 account](#) and complete one of the following assessments:

- Take the Work Interest Assessment
- Take the Personality Assessment

Personality Assessment

Occupations Matching Your Results

OCCUPATION	ICON LEGEND	SUPPORTING MAJORS/PROGRAMS AT SUNY AT ALBANY	US NATIONAL MEAN SALARY	JOB FAMILY
ADVERTISING SALES AGENT		Business Administration and Management	\$63,660	Sales & Related
AGRICULTURAL SCIENCES PROFESSOR		Agriculture Teacher Education Biology/Biological Sciences Curriculum and Instruction Education	\$96,630	Education & Training
ALUMNI RELATIONS COORDINATOR		Curriculum and Instruction Educational Administration / Leadership	\$66,540	Arts, Entertainment, Sports, & Media
ANESTHESIOLOGIST (MD)	🔴	Biology/Biological Sciences Chemistry	\$269,600	Healthcare Practitioners & Technical
ANTHROPOLOGY AND ARCHEOLOGY PROFESSOR		Anthropology Curriculum and Instruction	\$91,940	Education & Training

At the end of each assessment, Focus2 will suggest different professions according to the students' results.

After the students have taken one of the assessments, have them answer the following questions:

1. What are one to two new things that you learned about yourself from taking one of the Focus2 assessments?
2. Do the professions that were suggested to you at the end of the assessment sound interesting or seem to be in the right area for you for a possible major or career? Why or why not?
3. What is one concrete step that you can take next in your process of declaring your major and/or exploring a potential career path?