Our team empowers Merrimack College students to enter the workforce by charting a career exploration and development journey that focuses on developing and honing skills that employers are seeking.

All first year students are assigned a career advisor who guides them on this journey throughout their time at Merrimack. Cristina Fernández uses her years of experience in career advising in conjunction with a variety of cutting-edge technology tools to help prepare students in the School of Health Sciences for the jobs of the future. In addition, your faculty advisors, academic advisors, and Success Coach are all important resources in helping you connect your academic pursuits with your career interests.

Check out the milestones for this career exploration and development journey on the next page and explore more about each by visiting career.merrimack.edu.

Follow us on social media @obriencenter for updated information on events and tips and tricks for success.

M. CRISTINA FERNÁNDEZ
Career Advisor

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School of Health Sciences Advising Suite
O’Reilly Hall
**FIRST YEAR**

**EXPLORE - Who are you?**
- Discuss career development in FYE
- Explore AWATO
- Sign up for OBR1050
- Sign up for HSC1000
- Sign up for HSC3302
- Meet with your Career Advisor
- Discuss career with your faculty advisor

**PREPARE - What do you want to be?**
- Get a Professional headshot
- Set up your LinkedIn profile
- Activate LinkedIn Learning
- What Can I Do With This Major?
- Quinncia for resume review

**EXPERIENCE - How do you get there?**
- Join a club or volunteer
- Conduct an informational interview or job shadow
- Site visits, virtual learning lunches, and service learning
- Attend a networking event
- Sign up for Handshake

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**SECOND YEAR**

**EXPLORE - Who are you?**
- Sign up for OBR1050
- Sign up for HSC2350
- Review Burning Glass Labor Insight Report with Career Advisor
- Discuss career with your faculty advisor

**PREPARE - What do you want to be?**
- What Can I Do With This Major?
- Identify skills to learn and pursue
- Develop an internship action plan
- Informational interview or job shadow
- Build your professional network via LinkedIn

**EXPERIENCE - How do you get there?**
- Attend a networking event
- Attend a career fair
- Quinncia for mock interview
- Handshake search for on-campus

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**THIRD YEAR**

**EXPLORE - Who are you?**
- Find professional associations to join using What Can I Do With This Major?
- Burning Glass Labor Insight with Career Advisor
- Discuss career with your faculty advisor

**PREPARE - What do you want to be?**
- Leadership role in club or student organization
- Identify and build essential and premium skills
- Informational interview or job shadow
- Attend internship advising meeting
- Build professional network via LinkedIn

**EXPERIENCE - How do you get there?**
- Attend a career fair
- Attend a networking event
- HSC4850 Internship
- Research graduate programs and begin preparing for applications

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**FOURTH YEAR**

**EXPLORE - Who are you?**
- Research companies or graduate school programs
- Review jobs and salaries with Burning Glass Labor Insight data
- Leadership role in student organization
- Discuss career with your faculty advisor

**PREPARE - What do you want to be?**
- Create job search with Career Advisor
- Graduate school application and submission
- Quinncia for mock interviews
- Build professional network in LinkedIn

**EXPERIENCE - How do you get there?**
- Internship or co-op
- Attend a networking event
- Attend a career fair
- Consider directed research/study or second Health Sciences internship