

Interning at Publix.

Since the inception of the Publix Summer Internship Program in 2007, we've hosted over 470 interns! As a Publix intern, you will gain valuable hands-on experience, work on challenging projects, and network with your cohort of interns and professionals to develop valuable skills beyond what you can learn in a classroom.

What will my internship be like?

Internships at Publix are paid, and you'll work regular hours—just like a real job. Our internships have real tasks, deadlines, and working relationships.

A summer internship at Publix lasts 10 to 12 weeks, between May and August, at our company facilities primarily in Lakeland, Florida. Interns are offered competitive pay and are generally expected to work 40 hours per week, although this varies by department. We partner with Florida Southern College to provide free housing for our out-of-town interns.

As a Publix intern, you can expect to:

- Receive performance evaluations twice during the summer
- Attend luncheons with Publix executives
- Participate in a local community service event
- Be invited to several networking events and educational opportunities, and
- Give an end-of-summer presentation to a large group of Publix leaders and executives

Internship Opportunities?

Our internship openings vary. The following departments have hosted an intern:

- Business Analysis & Reporting (BAR)
- Corporate Accounting
- Corporate Legal
- Corporate Purchasing
- Corporate Quality Assurance
- Distribution
- Facilities
- Human Resources
- Information Technology
- Loss Prevention
- Manufacturing
- Marketing
- Pharmacy
- Public Affairs
- Real Estate
- Risk Management

Interested in an internship?

Applicants must be active bachelor or graduate degree-seeking students enrolled in college throughout the internship program dates, and meet other requirements based on the department offering the internship. All internship opportunities are posted online at publix.jobs.

Positions are posted in February, with intern selections made by late March or early April. You must apply online to be considered and our internships can close quickly so make sure you apply promptly! For more information regarding our internship program, please visit publix.jobs/internships.



Connect with us.



[corporate.internships@publix.com](https://publix.jobs/internships)

Publix is an equal opportunity employer committed to a diverse workforce.

