

Action Plan for Experiential Learning: *Internship, Study Away, Research*

You have identified your interests, skills, values, and the needs of your community through the **Exploration Activity**.

You have researched majors and careers using the **Career Research Activity**.

Now you are ready to gain some skills and experience through an internship, study away, or research experience, also known as **Experiential Learning**.

Preparation

Before exploring options, take a moment to prepare for your experiential learning search by completing the activities in [Preparation](#).

- Handshake Profile** | 2 pts- up to two times, limit 4 pts
- LinkedIn Profile** | 2 pts- up to two times, limit 4 pts
- Job or Graduate School Career Fair** | 4 pts- up to four, limit 16 pts
- Resume Review** | 4 pts- up to two times, limit 8 pts
- Cover Letter Review** | 4 pts- up to two times, limit 8 pts
- Interview Prep or a Mock Interview** | 6 pts- up to two times, limit 12 pts
- Elevator Pitch** | 4 pts- up to two times, limit 8 pts
- Interviewing Attire** | 4 pts

Next, think about what you want to gain from your experience.

Skills I'd like to Gain: Review what you learned from the Career Research Activity on knowledge, skills, and abilities for people in this field.

Settings I'd like to Experience: Think about the type of setting such as size of organization, location of position, proximity from home, number of co-workers, type of organization (non-profit, corporate, governmental, etc.).

Fields of Interest I'd like to Explore: List the Career Field of Interest in which you are wishing to gain skills. If you are deciding between more than one career field of interest, go ahead and pursue options in more than one area.

Position Titles to Search: Within many career fields, there are several position options and titles to explore. Using your Career Research, list all of the different position options that interest you.

Organizations to Research: You may already have your eye set on a handful of organizations that offer experiences in your field of interest. If so, be sure to research those right away.

Time Commitment:

- | | |
|---|--|
| <input type="checkbox"/> Part-time Hours per week _____ | <input type="checkbox"/> Fall Semester |
| <input type="checkbox"/> Full-time | <input type="checkbox"/> J-Term |
| <input type="checkbox"/> Micro-Internship (40 hours total, over shorter period of time) | <input type="checkbox"/> Spring Semester |
| | <input type="checkbox"/> Summer |
| | <input type="checkbox"/> Other _____ |

Compensation: Consider all compensation options. Some experiences offer housing and stipend, others offer an hourly pay rate, whole others don't pay at all.

- | | |
|---------------------------------|------------------------|
| <input type="checkbox"/> Paid | Hourly Pay Range _____ |
| <input type="checkbox"/> Unpaid | |

Augie Choice: All students with 60 credits, 30 credits for transfer students, earned at Augustana College are eligible to apply for up to \$2000 in funding to support a registered internship, research, or study away experience.

- Augie Choice: see eligibility details and application instructions [here](#).
- Not considering Augie Choice for this experience

Academic Credit: All hands-on learning experiences are valuable; however, experiential learning is often viewed as more intentional and beneficial when it is linked to academic credit because learning objectives and supervision are required.

- Credit: Learn more about what qualifies for credit and how to go about registering your experience for credit [here](#).
- Not for Credit

Study Away/Off Campus Programs: In addition to general characteristics, think about the following while considering a Study Away/Off Campus Program. Learn more about Study Away/Off Campus Program options [here](#).

Language Development/Proficiency:

- English only
- I want to improve my language skills in any of these languages:

Cultural Experience: List all the global cultures or regions that interest you.

Type of Experience: There are many types of experiences students can have while they study away. Select all those that interest you.

- Group Travel with fellow Augie students
- Group Travel with students from other institutions
- Classroom or University setting
- Internship included
- Ability to travel within and outside of a particular country or region

Funding Options: Think about a reasonable budget. Augie Choice can offer up to \$2000 toward Study Away/Off-Campus Programs, additional funding will most likely be needed.

- **Semester programs** are often the least expensive, due to the availability of financial aid and the structure where you replace on-campus costs with the study away charges.
- **J-term and summer programs** are considered additional study beyond the two semesters and include additional costs above and beyond the charges for a year of study at Augustana.

- I have explored additional funding options and have a plan
- I still need a plan for funding

Research and Creative Scholarship: In addition to general characteristics, think about the following while considering Student Research and Creative Scholarship. Learn more [here](#).

Academic Department Research: What topics am I interested in researching?

Existing Augustana College Programs:

Center for the Advancement of Community Health and Wellness (located in Lindberg Center). This interdisciplinary center strengthens campus and community wellbeing through applied student research, internships, community service, and other experiential learning opportunities. The Center’s focus aligns with Hettler’s six dimensions of Wellness (occupational, physical, social, intellectual, spiritual, and emotional) and connects broadly with the college’s curricular and co-curricular programs.

EDGE Center: EDGE is the campus Entrepreneurial Center and is not just for business majors - open to all students of all majors. EDGE provides creative services to local businesses and nonprofits, including website design, graphic design, event planning, and marketing services. EDGE is also home to Ads, a program that allows a group of students to participate in the National Student Advertising Competition to build marketing plans for name-brand companies. HerCampus is a weekly online publication where students can write about women’s issues on campus.

Upper Mississippi Center (UMC): The UMC works with local communities to help solve short- and long-term problems those communities face. The UMC engages students and classes from many fields in projects related to transportation, economics, landscape and urban forests, public health, and issues related to the health and sustainability of communities. Through the UMC, students can propose or continue their individual or group research through internships and special projects.

Now you are ready to search for your next experiential learning opportunity.