

Focus 2 Guide

What is Focus 2?

Focus 2 guides students through a reliable, intuitive career and education decision making model to help you choose majors, explore occupations, and make informed career decisions.

- Understand the career planning process.
- Learn about your interests, skills and values.
- Explore majors that match your interests and support your career goals.
- Explore career fields and occupations that appeal to you.

Instructions

Once logged in to Focus 2, take the five “Self-Assessments”.

- **Work Interest Assessment**
- **Personality Assessment**
- **Leisure Assessment**
- **Skills Assessment**
- **Values Assessment**

What next?

1. Take notes! Consider combining your assessments to explore majors and careers, save occupations of interest, and develop a list of questions.
2. Schedule an appointment with the Career Center to discuss your results.
3. During the meeting we will explore your results, teach you how to search for occupations, and create an action plan to decide on a major or career.

Access Focus 2 [here!](#)



**Schedule an appointment with
a Career Coach [here!](#)**

