

What can I do with this major

Description: Your career plan should combine your education, interests, experience, and skills. Getting a career plan started can be challenging! <u>What Can I Do With This Major</u> highlights occupational areas for several majors to help you start exploring and planning.

Goal:

• You will be able to explore and reflect on the variety of occupational areas possible for your major.

Activity Instructions:

- 1. Explore the <u>ASU Career and Professional Development Services</u> page. See "Career Resources" on the black navigation bar.
- 2. Under "Career interests and planning," select "What can I do with this major," then "View All Majors."
- 3. Determine the major you would like to explore.
- 4. After reviewing all occupational areas, use the following table to compare the 3 areas that interest you the most.

	Example Major: Psychology Area: Research	Major: Area 1:	Major: Area 2:	Major: Area 3:
Identify two interesting employer types from the list.	Market Research Experimental Psychology			
Why did these areas interest you? Consider your innate skills, experience, work environment preferences, etc.	Opportunity to use analytical abilities Involves working on long term projects I have experience working in labs			
Identify one strategy you could implement to learn more and describe how you plan to implement it using SMART goals.	Identify 2 research labs on the Department of Psychology website and contact the Lab Manager by the end of the month.			