

Career & Self-Development

Proactively develop your career through personal and professional learning, awareness of your strengths and weaknesses, navigating career opportunities, and networking.

Sample behaviors

- Identify your strengths and areas of improvement.
- Create a professional development plan and goals for your future.
- Establish relationships with people that can help you grow as a professional.
- Learn to professionally advocate for yourself and others.

Assess your career and self-development skills

I am aware of my strengths and weaknesses and can identify ways that I am working to improve my weaknesses.

Very confident

Somewhat confident

Not confident yet

I can advocate for myself by asking for feedback, applying feedback, and asking for new experiences to grow.

Very confident

Somewhat confident

Not confident yet

I network and make connections easily.

Very confident

Somewhat confident

Not confident yet

Very confident

You are confident advocating for yourself, seeking new opportunities, and networking to improve your skills!

Somewhat confident

Great start! Focus on ways that you can grow as a professional. Where do you see yourself in 5 years? How can you develop your skills?

Not confident yet

Start by identifying your strengths. What do you enjoy? Where can you improve your skills? Identify those in your network that can help provide you with feedback.

Friends, family, instructors, classmates, or colleagues.

Improve your career and self-development skills

- Expand your network. Create a LinkedIn profile and connect with your friends, family, classmates, and colleagues.
- Identify areas of improvement, and create a plan to develop opportunities to improve your skills.
- Create a 5-year plan. Where do you see yourself working, and how can you get there?

How do you plan to improve your career and self-development skills?