

## #SummerSkills

Make the most of this summer by learning a new skill and leveling up your professionalism.

Find these courses and more at  
[go.gwu.edu/linkedinlearning](https://go.gwu.edu/linkedinlearning)

# Career Skills Series

**LinkedIn** LEARNING

**GW** School of Engineering & Applied Science  
W. SCOTT AMEY CAREER SERVICES CENTER

# MANAGING REMOTE WORK

## Remote Work Foundations

Learn research-based strategies on how to avoid awkward small talk and make memorable first impressions.



## The Mindful Workday

Use these mindfulness exercises and tips to achieve better focus, a healthier work environment, and more balance.



## Mastering Self-Motivation

Break the cycle of procrastination with these tips to improve and sustain your motivation.



## Finding Your Productive Mindset

Learn techniques to prioritize your time, be more flexible, and better manage setbacks.

