# SummerSkills

Make the most of this summer by learning a new skill and leveling up your professionalism.

Find these courses and more at go.gwu.edu/linkedinlearning

## Remote Work Foundations

Learn research-based strategies on how to avoid awkward small talk and make memorable first impressions.

## The Mindful Workday

Use these mindfulness exercises and tips to achieve better focus, a healthier work environment, and more balance.

## Mastering Self-Motivation

Break the cycle of procrastination with these tips to improve and sustain your motivation.

## Finding Your Productive Mindset

Learn techniques to prioritize your time, be more flexible, and better manage setbacks.

GW School of Engineering & Applied Science
W. Scott Amey Career Services Center