



Interview Prep 101

Interview Prep 101

1. Research the Company:

Familiarize yourself with the company's mission, values, products, services, recent news, and any notable achievements. Understanding the company culture will help you tailor your responses during the interview.

2. Know the Job Description:

Understand the job role and requirements thoroughly. Be prepared to discuss how your skills and experiences align with the specific qualifications mentioned in the job description.

3. Practice Common Interview Questions:

Prepare answers to common interview questions such as "Tell me about yourself," "What are your strengths and weaknesses," and "Why should we hire you?" Practice your responses to these questions to build confidence.

4. Prepare Behavioral Examples:

Prepare specific examples from your academic or extracurricular experiences that demonstrate your skills, problem-solving abilities, teamwork, leadership, and achievements. Use the STAR method (Situation, Task, Action, Result) to structure your responses.

5. Develop Your Elevator Pitch:

Craft a concise and compelling elevator pitch that introduces yourself, your major, key skills, and career aspirations. Practice delivering it confidently.

6. Prepare Questions for the Interviewer:

Prepare thoughtful questions to ask the interviewer about the company culture, team dynamics, or the specific role. This demonstrates your genuine interest in the position.

7. Dress Professionally:

Choose professional attire that aligns with the company culture. Even if the workplace is casual, it's better to err on the side of formality for the interview.

8. Arrive Early:

Plan to arrive at least 10 minutes early for the interview. Punctuality demonstrates your respect for the interviewer's time.

9. Bring Copies of Your Resume:

Print multiple copies of your resume and bring them to the interview. Offer a copy if the interviewer doesn't have one on hand.





Interview Prep 101

10. Body Language and Communication:

Maintain eye contact, offer a firm handshake, and practice good posture. Be mindful of your body language, as it communicates confidence and professionalism.

11. Stay Calm and Confident:

Take deep breaths and stay calm during the interview. Confidence in your abilities and experiences will leave a positive impression.

12. Follow Up After the Interview:

Send a thank-you email within 24 hours expressing your gratitude for the opportunity to interview. Reiterate your interest in the position and briefly mention why you believe you're a good fit.

13. Mock Interviews:

Practice mock interviews with an internship navigator, friend, or family member. Constructive feedback can help you improve your responses and overall interview performance.

14. Be genuine and honest during the interview. Authenticity is valued by employers and helps you establish a connection with the interviewer.

15. Learn from Rejections:

If you don't get the job, politely ask for feedback on your interview. Use this feedback as a learning opportunity to improve your skills and performance in future interviews.

