



International Business Student Career Building Roadmap

Career Building	Academics
<p>Year 1 and Year 2</p> <p>Work on-campus</p> <ul style="list-style-type: none"> • Apply for and secure an on-campus job—THEN, file for US Social Security Number—necessary for work in the US, good to have BEFORE seeking an internship (contact ISSS for help) • Gain work experience in the US—you will need references and recommendations for future jobs! • Practice English language skills on the job • Use VMock to develop a strong resume 	<p>Year 1 and Year 2</p> <p>Attend to your studies, but also connect with other students and on-campus resources</p> <ul style="list-style-type: none"> • Go to office hours/ speak with professors • Seek out help from Braddock Tutoring • Participate in class team projects—share your ideas • Join a Lundquist Club—learn about industries, gain skills and connections!
<p>Year 3</p> <p>Use NETWORKING to find internship opportunities</p> <ul style="list-style-type: none"> • Meet with ISSS before seeking an internship • Start connecting with alumni on LinkedIn • Use Interstride and apply to internships that relate to your studies • Have an internship offer? Apply for CPT * • No internship? Find a volunteer opportunity or try some project work (see a Career Advisor for ideas) • Develop a back-up plan—may need to look in your home country or a different location 	<p>Year 3</p> <p>Attend to your studies</p> <ul style="list-style-type: none"> • Participate in team projects, contribute to the group (let your voice be heard) • Consider running for a leadership position in a club, or being on a committee • Include related projects on your resume • Build your technical skills—add to resume • If you are thinking about applying to graduate school, start doing some research on programs, check with professors for recommendations
<p>Year 4</p> <p>Continue NETWORKING to find job opportunities!</p> <ul style="list-style-type: none"> • Attend an ISSS workshop on OPT** if you hope to work in the US after graduation (do this <i>BEFORE</i> Spring Term) • Reach out to alumni via LinkedIn and ask for informational interviews to learn more about different companies and job functions • Apply for positions • Remember your backup plan—meet application deadlines in your home country, too! 	<p>Year 4</p> <p>Complete your studies</p> <ul style="list-style-type: none"> • Continue to add projects to your resume and LinkedIn • If applying to graduate school, watch application dates! <ul style="list-style-type: none"> ○ Work on applications, get feedback ○ Get recommendations from faculty

*CPT stands for [Curricular Practical Training](#) and is needed for internships or off-campus work eligibility while a student

**OPT stands for [Optional Practical Training](#) and is used to support post-graduation US work eligibility

Contact ISSS by email at intl@uoregon.edu or by phone at #541-346-3206