## International Business Student Career Building Roadmap

### Career Building

#### Year 1 and Year 2

**Work on-campus**
- Apply for and secure an on-campus job—THEN, file for US Social Security Number—necessary for work in the US, good to have BEFORE seeking an internship (contact ISSS for help)
- Gain work experience in the US—you will need references and recommendations for future jobs!
- Practice English language skills on the job
- Use VMock to develop a strong resume

#### Year 3

**Use NETWORKING to find internship opportunities**
- Meet with ISSS before seeking an internship
- Start connecting with alumni on LinkedIn
- Use Interstride and apply to internships that relate to your studies
- **Have an internship offer? Apply for CPT***
- No internship? Find a volunteer opportunity or try some project work (see a Career Advisor for ideas)
- Develop a back-up plan—may need to look in your home country or a different location

#### Year 4

**Continue NETWORKING to find job opportunities!**
- Attend an ISSS workshop on OPT** if you hope to work in the US after graduation (do this BEFORE Spring Term)
- Reach out to alumni via LinkedIn and ask for informational interviews to learn more about different companies and job functions
- Apply for positions
- Remember your backup plan—meet application deadlines in your home country, too!

### Academics

#### Year 1 and Year 2

**Attend to your studies, but also connect with other students and on-campus resources**
- Go to office hours/ speak with professors
- Seek out help from Braddock Tutoring
- Participate in class team projects—share your ideas
- Join a Lundquist Club—learn about industries, gain skills and connections!

#### Year 3

**Attend to your studies**
- Participate in team projects, contribute to the group (let your voice be heard)
- Consider running for a leadership position in a club, or being on a committee
- Include related projects on your resume
- Build your technical skills—add to resume
- If you are thinking about applying to graduate school, start doing some research on programs, check with professors for recommendations

#### Year 4

**Complete your studies**
- Continue to add projects to your resume and LinkedIn
- If applying to graduate school, watch application dates!
  - Work on applications, get feedback
  - Get recommendations from faculty

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* CPT stands for Curricular Practical Training and is needed for internships or off-campus work eligibility while a student
** OPT stands for Optional Practical Training and is used to support post-graduation US work eligibility
Contact ISSS by email at intl@uoregon.edu or by phone at #541-346-3206