

PRE-INTERNSHIP EXPERIENCE BUILDERS

	PROFESSIONAL EDGE IMMERSION	GLOBAL CAREER ACCELERATOR	GLOBALWORKS INTERNSHIP	STUDENT CLUB LEADERSHIP	PART-TIME/CAMPUS JOBS	PROFESSIONAL EDGE TRAINING	PARKER DEWEY PROJECTS	FORAGE JOB SIMULATIONS	LINKEDIN TRAININGS
FEEDBACK AND/OR MENTORSHIP	●●●●●	●●●●○	●●●●●	Varies	●●●●●	●●●●○	●●●○○	None	None
SIMULATES PROFESSIONAL EMPLOYMENT	●●●●○	●●●○○	●●●●●	●●●○○	●●●●○	●●○○○	●●●●●	●●●●○	●●●○○
INTERACTION WITH NON-UO PROFESSIONALS	●●●●●	●●○○○	●●●●●	Varies	●○○○○ Can vary	●●○○○	●●●●○	None	None
RESUME-WORTHY EXPERIENCE	●●●●● Present project to company	●●●○○ Micro-credentials	●●●●●	●●●●●	●●●●● Can vary	●●●○○ Microcredentials	●●●○○	You may add these in a training section, but not in an experience section	
APPLICATION EFFORT AND COMPETITIVENESS	●●●○○	N/A	●●○○○	Varies	●●●●○	N/A	●●●●○	N/A	N/A
SCHEDULE FLEXIBILITY	Set schedule, 7-week commitment	Synchronous meeting times	Based on employer	Varies	Varies	Set schedule, usually 8 hours	Flexible	Flexible, usually takes 2-5 hours	Flexible
MODALITY	In-person	Virtual	In-person	In-person	In-person	In-person (occasionally virtual)	Virtual	Virtual	Virtual
COST	Free to UO students	Tuition for credits	Tuition for credits	None	None	Free to UO students	None	Free to UO students	Free to UO students
INCOME	None	None	None	None	Yes	None	Yes	None	None

Some opportunities offer strong employer support, some offer flexibility, and others give students work simulation or leadership growth. There are many ways to build experience, so pick the path that's right for your needs and goals.



Visit our website for more information about the opportunities and platforms mentioned.

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