

PEDRO PUBLIC HEALTH

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SUMMARY OF QUALIFICATIONS

- MPH student with a strong interest in tobacco cessation research and tobacco prevention and evaluation
- Advanced skills in SPSS and one year professional experience in a county health department
- Skilled at public speaking, creating engaging PowerPoint presentations and fluent in Spanish

EDUCATION

California State University, Fresno

- **Master of Public Health (MPH)**, expected 12/xx, GPA 3.92
Relevant Courses: Medical Biostatistics I & II, Fundamentals of Epidemiology, Cancer Epidemiology, Chronic Disease Epidemiology, Applied Data Management, Survey Methods
- **Bachelor of Science in Health Science – Community Health**, 05/xx, GPA 3.75, Magna Cum Laude

Universidad Diego Portales, Santiago, Chile

- **Study Abroad with courses taught in Spanish**, 01 - 05/xx

PROFESSIONAL EXPERIENCE

SMOKING CESSATION PROMOTION

- Observed smoking cessation community presentations and facilitated interactive discussion with participants
- Identified resources and other support services and created a list with contact information for participants
- Created and conducted surveys to determine participant satisfaction with smoking cessation services
- Conducted a literature review to identify new trends in tobacco cessation programs and services
- Developed a presentation on the benefits of implementing smoke-free policies

NUTRITION COUNSELING

- Screened participants and provided nutrition information and referrals
- Communicated with pregnant women in Spanish and in English to provide support and coordinate services
- Facilitated parenting support groups at the health department and the jail utilizing evidenced-based curriculum to teach safety, health and wellness, discipline, and child development and empower parents
- Taught parents safe sleep techniques for infants and educated parents on reducing risk of SIDS (Sudden Infant Death Syndrome) by breastfeeding and not smoking

HEALTH AND WELLNESS EDUCATION

- Organized Weight Watchers at Work program at three client sites to educate employees about nutrition and promote healthy diet and weight management techniques
- Implemented Tuesday and Thursday yoga followed by Mindful Meditation lectures at one client site to engage employees and promote stress management
- Created social media campaign with health and wellness information and advice that was featured on various clients' Facebook and Twitter pages

WORK HISTORY

Capstone Experience and Project	Fresno County Health Department, Fresno, CA	06/xx - Present
Healthy Start Program Intern	Fresno County EOC, Fresno, CA	09/xx - 07/xx
Health & Wellness Intern	XYZ Insurance Company, Clovis, CA	01/xx - 05/xx

ASSOCIATIONS & COMMUNITY SERVICE

- Student Public Health Association, Member (2 years) and Treasurer (1 year)
- American Public Health Association Student Membership (2 years)
- American Heart Association, Stroke Support Volunteer (2 years)