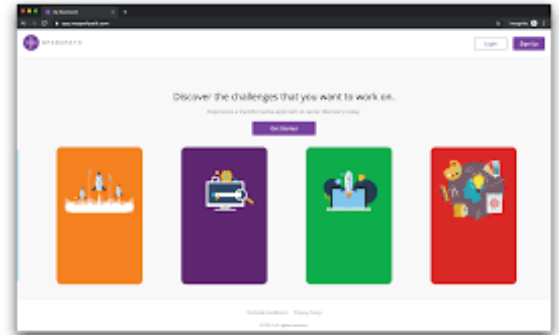


# SparkPath Challenge Cards



The ‘challenge’ mindset is an approach to career exploration focused on finding challenges to tackle instead of job titles to fit into. This interactive experience is designed to help you find a career path based on exciting, real-world challenges that go beyond job titles. This deck of 30 cards covers challenges in the future of work in the areas of health, technology, society, environment, and the economy. After completing the activity, you will receive a customized Challenge Profile with a career exploration action plan.



## Getting Started

1. Go to [app.mysparkpath.com](https://app.mysparkpath.com)
2. Click on “Get Started” or “Sign Up”.
3. A sign-up box will appear to create your own account.
4. Sign up as a **Student** using your **mail.fresnostate.edu** email address
5. When prompted for the code, enter **Bulldogs**
6. Create a password with at least eight characters. This will be the password you use to return to the account to review your results or try the sort again.
7. Follow the instructions and sort the Challenge Cards.

## While Sorting Out your Challenge Cards:

1. Consider what might be meaningful for you.
2. Go with your first reaction to each card on the first sort.
3. When asked to select your top three cards, read more about the challenges in the details.
4. Pay attention to your inner thoughts and sort based on what is true for you.

## Career Exploration Plan and Follow-Up:

1. Once you complete the assessment and choose your top 3 challenges, download your profile or email to yourself.
2. Review your Challenge Profile (PDF) which includes your top three challenges and suggested activities to help you get involved with your selected challenges.
3. Review the sample careers listed and for more information, you can search those careers using the O\*Net at [www.onetonline.org](http://www.onetonline.org), type in the career using the top search feature “occupation keyword search” and press Go.
4. Follow the step-by-step instructions in the guide in order to connect your challenge profile to a path forward.
5. Follow-up with talking with family, a friend, trusted mentor or Career Counselor/Advisor about your results and next steps.