



Career Assessments

The purpose of this assignment is to identify and understand your interests, skills, values, and leisure interests. Then you will learn how they connect to a variety of career paths.

- **Interests:** Things you enjoy doing.
- **Skills:** Your abilities, talents, and strengths.
- **Values:** What is most important to you in a job (income, job security, flexibility, leadership, contribution, etc.)?
- **Leisure Interests:** What you enjoy doing and how it can relate to the world of careers.

In order to receive full credit on this assignment (25 points), you need to complete the steps below and answer the questions.

1. Register for the Focus 2 career assessment (<http://bit.ly/focus2fresnostate>)
Focus 2 offers five comprehensive, self-paced assessments designed to be used in different ways throughout your education and career planning. Enter your profile information and create a username and password. Access code: **bulldogs**
2. Complete the five career assessments (work interests, values, personality, skills, leisure)
3. Review the potential career paths/results by combing two assessments.
4. Select an occupation and answer the questions below in an MS Word document. Please be thoughtful and expand on your answers and write complete sentences.
 - What do you like the position? What do you dislike? (5 points)
 - What is the level of education required? If applicable, are there any licenses or certifications required? (5 points)
 - Which academic major best prepares you for the position? (5 points)
 - Does the position meet your salary requirements? (5 points)
 - Overall, do you feel this assignment helped you think about your career goals and plans to achieve them? (5 points)

Optional - To learn more about careers, visit the following websites -

- Occupational Outlook Handbook: www.bls.gov/oco
- O*Net: www.onetonline.org