

SELF Budget Calculation Form

Name	Thunder Bison
Student ID Number	123456
Date	1-Dec-22
Internship	Nichols College Mascot

If you do not have an expense for a line item, leave it blank.

Justification: Use the notes section to provide justification for each expense. Please provide as detailed information as possible.

This form must be completed in full for your application to be considered '**Complete**'

Note: If funded you will be required to turn in receipts and supporting documents in order to retain funds.

Housing Expenses		
	Amount	Notes
Rent	\$ 750.00	\$250 per month, for three months
Utilities (if not included in rent)	\$ 75.00	\$25 electric bill, for three months
Lodging	\$ -	NA
Total Housing	\$ 825.00	

Transportation Expenses		
	Amount	Notes
Moving Expenses	0	NA
Commuting Expenses	\$ 196.50	Commuting 10 miles round trip, three days a week for ten weeks
<p><i>Commuting Expenses are based on mileage traveled to and from your internship (not gas prices). *To calculate mileage, multiply number of miles traveled by 0.655 (federal reimburse rate). Calculate miles per trip and number of trips made to come up with total miles traveled.</i></p>		<p>10 miles x 30 total trips = total miles Total miles (300) x .655 cents = commuting expense</p>
<p><i>*Google Map (or similar) must be turned in, along with mileage worksheet, as supplemental material when submitting final documentation.</i></p>		
Public Transportation	\$ -	NA
Tolls	\$ -	NA
Parking	\$ 150.00	Parking is \$5 per day x 30 in-office days
Airfare	\$ -	NA
Bus/Train Tickets	\$ -	NA
Other	\$ -	NA
Total Transportation	\$ 346.50	

Income		
	Amount	Notes
Hourly wage	\$ 15.00	
Hours worked per week	9	Total number of hours each week (Estimated)
Weekly wage calculation	\$ 135.00	Hourly wage x hours worked
Total number of weeks working	10	
Total Compensation	\$ 1,350.00	Weekly wage x number of weeks working
Request		
Total Requested Amount	\$	1,171.50