## CAREER CENTER

## VIDEO INTERVIEWING TIPS

**Lighting** Your light source should be in front of you so employers

can see your face clearly. Rely on lamps as well as natural light to ensure that enough light is projected on you to

produce a quality image.

Audio Make sure to notify family members/roommates about

your interview to minimize background noise. Use the mute function to minimize distracting noises when you

are not speaking.

**Location** Pick a quiet location with a bland background to keep the

focus on you. On platforms like Zoom, you can change your background to a more a professional background, if needed. Avoid sitting outside as wind, nature and traffic

can be picked up in the background.

**Technology** Test out the interviewing technology to familiarize

yourself with it and assess your bandwidth. Secure the interviewer's phone number prior to the interview

in case there is an issue.

Attire/Body Language Sit up straight in a chair, dress professionally and look

at the camera whenever possible. Smile, engage and

be yourself!

Learn the different video interviewing formats

How to make a good impression in a virtual interview

4 Strategies for nailing the video interview

5 essential tips for video and skype interviews

5 tips for nailing a phone screen



