***James Stephens***

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**OBJECTIVE** Seeking a full-time counseling position in a medical or private practice setting

**SUMMARY OF QUALIFICATIONS**

* More than 5 years of mental health counseling specializing in assisting teenage girls with eating disorders
* Certified Licensed Professional Counselor since 2008
* Consultant and court advocate for Bexar County in trial cases involving abused and neglected children

**WORK EXPERIENCE**

**Mental Health Counselor**

**Communities in Schools, San Antonio, Texas May 2007-present**

* **Managed 20 case files for low income clients seeking mental health services**
* **Utilized Adlerian psychology to explore maladaptive behaviors while building trust and respect with patients**
* **Directed weekly group therapy sessions consisting of 10-12 individuals for shared experiences**
* **Scheduled 4 employees for work week and managed $4K budget for programming expenses**

**Supplemental Instructor**

**Tomas Rivera Center,** (UTSA), San Antonio, **Texas January 2007-May 2007**

* Attended all class meetings of the selected course, took notes and read assigned materials
* Actively recruited SI participants by making weekly announcements about the availability of SI sessions to students and posting session information every class meeting
* Conducted three 50-minute study sessions per week throughout the term
* Ascertained course requirements, planned effective learning activities and provided handouts for use during SI sessions

**VOLUNTEER EXPERIENCE**

**Haven for Hope, San Antonio, Texas 2012-present**

**Big Brothers Big Sisters-Alamo Area Chapter 2009-present**

**YWCA of Greater San Antonio 2008-2009**

**MEMBERSHIPS**

**National Counseling Association (NCA) August 2009-present**

**National Career Development Association (NCDA) August 2010-present**

**EDUCATION**

**Master of Arts in Adult and Higher Education**  December 2010

The University of Texas at San Antonio (UTSA) GPA: 3.5

**Bachelor of Arts degree in Interdisciplinary Studies** May 2007

The University of Texas at San Antonio (UTSA) GPA: 3.8

**ADDITIONAL TRAINING**

*CBT for Overcoming PTSD and Returning Veterans*, Dr. Cochran March 2014

*Creative Processing: Telling your Story in Session*, Dr. Robles December 2013

*Maintaining Forward Progress with Disgruntled Clients*, ACA May 2013