**Rowdy Roadrunner**

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**OBJECTIVE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

To obtain an internship related to (health, kinesiology, nutrition, coaching, etc…) with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**SUMMARY OF QUALIFICATIONS\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

* *A statement that conveys how your academic experiences prepared you for the internship/position you are applying for….*
* *A statement that conveys how your leadership/athletic/shadowing/volunteerism/previous internships prepared you…….*
* *A statement that conveys how your previous jobs prepared you for the internship/position you are applying for……*
* *A statement that conveys some of your strongest self-management skills and evidence of……………*
* *Computer Skills: Microsoft Word, Excel, PowerPoint, Internet Explorer, Access, Adobe PhotoShop*

**EDUCATION \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

The University of Texas at San Antonio (UTSA) Expected Graduation: Dec 2018

*Bachelor of Science in Kinesiology, emphasis in Exercise Science* GPA: 3.60; GPA in major: 3.75

**EXPERIENCE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Camp Facilitator** – The University of Texas at San Antonio - San Antonio, TX June 2017-August 2018

* *Start all of your bullet points with action verbs*
* *Highlight key results you have attained in your position (did you increase sales, did you secure more members, did you have most accurate till, etc…)*
* *Highlight relevant skills you have gained as a result of the responsibilities you adhered to*
* *Mention how you contributed to the mission/goals of the organization, try to quantify*

**Retail Associate** – Express – San Antonio, TX June 2014- June 2015

* Enhanced communication skills as a result of presenting product information to customers
* Organized product inventory and store displays, increasing visibility by 17 percent, demonstrating creative problem solving
* Gained training experience by managing floor and training 6 employees regarding organizational process and procedures
* Handled cash enhancing ability to ensure quality and attention to detail evidenced by accurate till 100% of time

**RELATED ACADEMIC PROJECTS\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

*Exercise Physiology* - Learned about the adaptation to and effects of physiological stress on the body, gained ability to calculate and identify how to enhance athletic performance, exposed to process of laboratory research

*First Aid and Injury Management* – Study/application of first aid and treatment of common sports related injuries, additional exposure to providing safe exercise environments and management of exercise testing facilities, attained CPR certification

*Fitness Programming and Exercise Prescription* – Learned how to design exercise and fitness programs for a wide range of clients ranging from normal health to individuals with cardiovascular disease, pulmonary disease, obesity, diabetes

**ACTIVITIES & VOLUNTEER EXPERIENCE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

UTSA Men’s Tennis Team, Scholarship Recipient Sept 2016-present

Laredo Community College Men’s Tennis Team, Scholarship Recipient Sept 2014-May 2015

Beta Alpha Psi, UTSA, Active Member Spring 2016-present

American Heart Association 5K Run, Volunteer March 2014

Habitat for Humanity, Volunteer 2013-present

**AWARDS & HONORS\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Dean’s List, UTSA Multiple semesters

UTSA Intramural Tennis Athlete of the Week Multiple

Conference USA Tennis Athlete of the Month October 2017