

# **EFFECTIVE RÉSUMÉ WRITING**

A résumé may include some or all of the sections detailed below.

Contact Information	Name, address (optional), phone number, email address, and customized LinkedIn URL. If you need more than one page (rare for students and new graduates), include contact information on the following pages.
Objective (optional)	Use only if you can state clearly the type of work you are looking for. You may need more than one resume, each with a different objective.
Profile or Skills Summary (optional)	Short, bulleted list stating your key skills that match the employer's requirements, e.g., superb research skills, excellent writing skills. Include languages, computer skills, and lab skills as appropriate.
Education	<ul> <li>Degrees and colleges attended in reverse chronological order. Include city, state (country) of colleges, month and year of graduation (or expected graduation), major/concentration, and minors, if applicable.</li> <li>GPA if 3.0 or higher, honors and awards, studies abroad.</li> <li>Key courses and academic projects relevant to the position you are seeking.</li> <li>Include high school only if you are a first-year student or if you are a sophomore applying for your first co-op, internship, practicum, or other experiential learning opportunity.</li> </ul>
Experience	<ul> <li>In reverse chronological order, for each experience, include job title, organization, city and state, employment dates (month and year) and bulleted description of your key job responsibilities and accomplishments. Start each bullet with an action verb.</li> <li>You may include a variety of experiences, including class projects, internships, co-ops, relevant paid work, other paid work, and community service/volunteer positions.</li> <li>Separate experience into different sections if you have especially relevant experience to highlight. For example, separate it into two sections, "Relevant Experience" and "Additional Experience."</li> <li>Whenever possible, quantify experience (e.g., Developed two-module leadership training for 20 new Resident Advisors).</li> </ul>
Activities/ Professional Affiliations	List professional associations and campus/community organizations you belong to. If applicable, include position held, organization name, dates, and brief description of duties.
Interests	If space allows, you can include interests and hobbies, especially if they are relevant to your career or industry goals.

## **RÉSUMÉ TIPS**

- 1. **It's about marketing.** Remember, your résumé is a marketing document. It "sells" you and your qualifications for a job opportunity. Its purpose is to prompt an employer to invite you to interview.
- 2. **Keywords are critical.** Your résumé may be scanned into an applicant database. Use keywords that a recruiter may enter into a search query so that your résumé comes up in search results.
- 3. **Customize if possible.** The document should get across the most important points for your desired job. Select information and language that supports your job objective, highlights your qualifications, and reflects the job of interest as much as possible.
- 4. **Write tightly.** Résumés need to be concise. Undergraduates and new graduates rarely need more than one page to tell their story.
- 5. **Make it easy and inviting.** Résumés should be logically organized, visually appealing, and "scannable" by the reader under 20 seconds.
- 6. **Spell it out.** Avoid acronyms that the reader might not understand. If you use an acronym or abbreviation, use it after the spelled-out version. For example, if you write **University of Massachusetts Lowell (UMass Lowell)**, you can refer to UMass Lowell from that point on.
- 7. **Consistency counts.** The text needs to be consistently formatted. Layout, font, style, punctuation, and organization should be the same throughout the document.
- 8. **Not too personal.** Do not include information about your race, age, marital status, or religion, or your Social Security number. Also avoid using first person pronouns such as "I," "we," and "my."
- 9. **Tell the truth.** Always be truthful on your résumé; but you can be selective about what you include.
- 10. **No typos!** Make sure your résumé is error-free. Using Spell Check on your computer is NOT enough! Have someone read your résumé for content, flow, grammar, and spelling. Try reading it out loud, too.
- 11. **Don't use templates.** Templates seem convenient, but are very difficult to edit and often don't make the best use of space. Creating your resume on a blank Microsoft Word document allows more control over the look of your resume.
- 12. **Practice talking about it.** Be prepared to discuss everything on the résumé in an interview. A practice interview with a career counselor is a great way to rehearse this process.

#### HAVING TROUBLE FITTING EVERYTHING ONTO ONE PAGE?

- Arrange job title, company/organization, city/state, & dates on same line
- Combine contact information into one line in heading
- Set margins to 0.5" (half inch) & font no smaller than 11pt. font
- Use single spaced lines (Opt. before and after)
- Try other (professional) fonts like Arial, Calibri, Bierstadt, Tahoma, or Verdana these fonts are shown in 11pt, and, as you can see take up different amounts of space)

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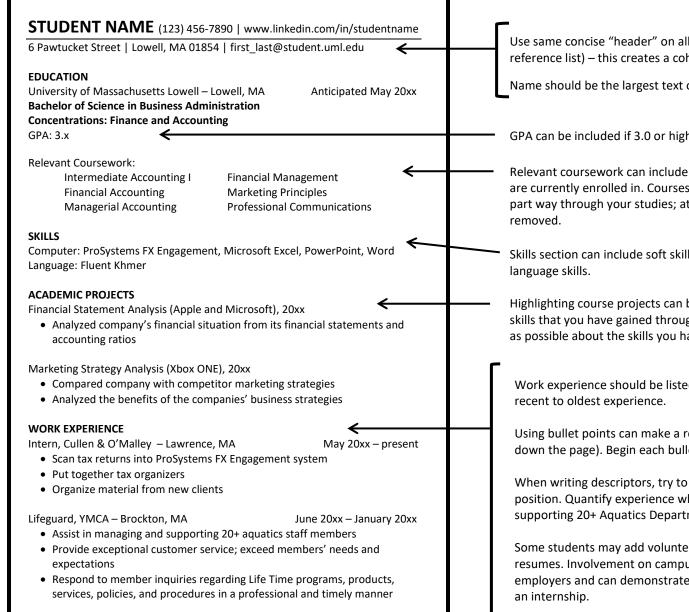
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## **Action Verb List for Résumés**

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## **Creating a Polished and Professional Resume**



Use same concise "header" on all application documents (résumé, cover letter, reference list) – this creates a cohesive package.

Name should be the largest text on the page.

GPA can be included if 3.0 or higher.

Relevant coursework can include classes you have completed and those that you are currently enrolled in. Courses can be helpful to add when seeking internships part way through your studies; at time of graduation, courses can typically be

Skills section can include soft skills, technical, computer, laboratory skills, and

Highlighting course projects can be a good way to demonstrate specific job-related skills that you have gained through hands-on academic experiences. Be as specific as possible about the skills you have developed through projects.

Work experience should be listed in reverse chronological order, i.e. from most

Using bullet points can make a resume easier to read (it draws the reader's eyes down the page). Begin each bullet with an action verb in the appropriate tense.

When writing descriptors, try to communicate what you accomplished in the position. Quantify experience whenever possible, e.g., Assist in managing and supporting 20+ Aquatics Department team members.

Some students may add volunteer and campus involvement sections to their resumes. Involvement on campus and in the community is highly valued by some employers and can demonstrate fit for a position if student has not yet completed

## **Katherine Kilby**

222 Laurel Lane, Lowell, MA 01854 • 978-555-5555 katherinekilby@student.uml.edu • www.linkedin.com/in/katherinekilby17

**OBJECTIVE:** Entry-level position as a **Laboratory Assistant** in a public health research lab.

#### **SKILLS:**

- **Laboratory:** centrifugation, column chromatography, crystallization, ELISA, IR analysis, PCR, protein assays, protein purification, SDS-PAGE, spectrophotometry, Western blotting
- Computer: Microsoft Office (Word, Excel, PowerPoint, Outlook), SPSS, HTML
- Languages: Fluent in Spanish; conversational Italian

#### **EDUCATION:**

## **Bachelor of Science in Biology** (May 20xx)

University of Massachusetts Lowell - Lowell, MA

Relevant Coursework: Biochemistry Techniques, Cancer Biology, Genetics, Immunology, Organic Chemistry Laboratory, Principles of Cell and Molecular Biology

### **Associates Degree in Biology** (May 20xx)

Middlesex Community College - Bedford, MA

#### **ACADEMIC PROJECTS:**

### **Biochemistry** (Spring 20xx)

- Conducted extensive research on new and emerging drugs and treatment for Hepatitis C.
- Compiled data and wrote lab report synthesizing research articles.
- Presented results to audience of 50+ biology majors and faculty.

#### Climate Change Video (Fall 20xx)

- Pitched top idea for a public service announcement as a team of four.
- Directed team to research and create a 5-minute video on modeling a sustainable future.
- Introduced and presented video on campus to a community of students, faculty, and staff.

### **WORK EXPERIENCE:**

### Customer Service Associate (June 20xx - Present)

McDonald's, Tewksbury, MA

- Assist customers with meal and refreshment orders in a fast-paced environment.
- Work with manager and team members to monitor inventory.
- Demonstrate professionalism and efficiency when responding to customer complaints.

#### Note-taker (Sept. 20xx - May 20xx)

Office of Student Disabilities Services, Middlesex Community College, Bedford, MA

- Supported student by attending every class and taking thorough notes.
- Promptly delivered class notes to student to ensure up-to-date information for assignments and tests.

## Nicholas (Cole) Martin

220 Pawtucket Street, Lowell, MA 01854 | (555) 555-5555

Nicholas Martin@student.uml.edu | www.linkedin.com/in/NicholasPMartin

#### **Education:**

University of Massachusetts Lowell, Lowell, MA (UMass Lowell)

B.S., Business Administration, Concentration: Management (Anticipated May 20xx)

GPA: 3.4; John & Abigail Adams Scholarship recipient

Coursework: Business Seminar, Introduction to Business, Management Calculus

Middlesex Community College, Bedford, MA Coursework in Liberal Arts (June 20xx-May 20xx)

Lowell High School, Lowell, MA **High School Diploma** (June 20xx) Graduated with Honors (**NOTE:** A student might include high school on a resume for the first year or two of college, but not usually in the later half.)

### **Project Experience:**

BizCafe: UMass Lowell (Fall 20xx)

- Worked collaboratively as part of a 4-person team to successfully run a simulated online coffee shop, which entailed managing personnel, marketing our products, and managing cash flow.
- Gained knowledge of staff management and operation of a service business, analysis of multiple factors to
  calculate break-even, basic financial statements, the impact of marketing and promotion on the success of
  the business, and the importance of customer satisfaction.

#### **Work Experience:**

**Call Center Representative**: Ruffalo Cody, Lowell, MA (October 20xx – Present)

- Convey a professional and positive image while making phone calls in support of donor and alumni fundraising goals.
- Establish rapport with alumni and friends of UMass Lowell, in an effort to foster a sense of goodwill and initiate monetary donations.
- Consistently exceed weekly goals.

Crew Member: Dunkin Donuts, Chelmsford, MA (January 20xx – October 20xx)

- Completed orders accurately and within specified service standards.
- Suggested certain food and beverage items to customers, according to current marketing promotions; assembled promotional marketing displays as needed.
- Resolved all guest concerns with urgency and professionalism.

#### **Community Service:**

**Lowell Humane Society**, Lowell, MA (September 20xx – Present)

• Provide daily care of shelter animals and help maintain a clean and safe environment.

**Habitat for Humanity**, Lawrence, MA (September 20xx – June 20xx)

Helped in organizing, marketing, and selling goods to raise money for those in need of a home.

## Wang Xiu Ying

wangxiu\_ying@Student.uml.edu 978-555-1212 • www.linkedin.com/in/wangxiuying55

## **OBJECTIVE**

A summer internship in the field of Civil Engineering.

### **EDUCATION**

Bachelor of Science, Civil and Environmental Engineering (expected May 20xx)

University of Massachusetts Lowell, Lowell, MA

GPA: 3.0

Coursework in Engineering, 20xx-20xx

Zhejiang University, Hangzhou, China

### COURSEWORK

Reinforced Concrete, CE Systems, Soil Mechanics, Environmental Engineering & Lab, Structural Analysis, Statics, Strength of Materials, Dynamics, Surveying, Geomatics, Probability & Statistics for Engineers, Fluid Mechanics, Engineering Materials/Lab.

#### RELATED EXPERIENCE

Peruvian Village Empowerment, Service-Learning Project (1/xx-7/xx)

- Assessed engineering systems installed in rural Peru with service-learning team and examined the need for future projects
- Designed a biodigester with one other classmate and traveled to Peru to install it
- Performed a site analysis for a potential bridge in Peru

#### ADDITIONAL EXPERIENCE

**Resident Advisor**, University of Massachusetts, Lowell, MA (9/xx-Present)

- Act as role model and leader; promote community involvement
- Work with staff to provide a safe, clean, and healthy living environment for students
- Assist students in transition to college life

Cashier, Linhua Grocery Store, Hangzhou, China (1/xx-9/xx)

- Assisted customers with purchases and with locating store inventory
- Provided friendly and efficient service in a fast-paced environment
- Balanced cash drawer at end of shift, demonstrating accuracy and attention to detail

### **COMPUTER SKILLS**

- Familiar with GT Strudl, AutoCAD Land Desktop, HCS software and Sigma Plot
- Proficient in Microsoft Word, Excel, PowerPoint

### PROFESSIONAL MEMBERSHIPS

- American Society of Civil Engineers (ASCE)
- Society of Women Engineers (SWE)

## Sara Friends

C Java Place, Lowell, MA 07646
<u>sara@gmail.com</u> • (978) 123-4567 • linkedin.com/in/sarafriends

**Objective:** An internship in software development and testing

Education

B.S. in Computer Science Anticipated May 20xx

University of Massachusetts Lowell - Lowell, MA

Overall GPA: 3.33, GPA in Major: 3.50

**Tools** 

Programming Languages: C/C++, Java, Assembly Scripting Languages: Bash Shell, HTML

Operating Systems: Unix/Linux, Mac OSX, Windows XP & Vista

Documentation: MS Word, Excel, PowerPoint & Visio

**Projects** 

Team Leader: Java-based Bowling Simulator

Spring 20xx

- Managed a team of 4 in the design of a completely functional product that included a fully synchronized and persistent database
- Facilitated team meetings
- Developed project plan and obtained faculty buy-in
- Supported team with assignments
- Met weekly with faculty to communicate project status and challenges

Design and Implementation of a Graphical Based, Multi-threaded Simulator

Fall 20xx

Used Java extensively to complete project on time and according to specifications

Related Experience

Computer Lab Monitor Jan. 20xx - Present

University of Massachusetts Lowell, Lowell, MA

- Monitor lab activity for up to 50 users at a time
- Perform basic hardware/software troubleshooting

Technical Support Specialist

Summer 20xx

Commonwealth of Massachusetts, Information Technology Division, Chelsea, MA

- Supported and hosted state-wide agency systems and messaging services on platforms including HP Unix, Linux, MVS, and Windows Active Exchange
- Assisted with server builds and maintenance
- Reviewed, installed, set up, and assisted with active synching of BlackBerry mobile devices to Windows Email Exchange servers

## Additional Experience

Asperger's Association of New England, Boston, MA

Jun. 20xx - Aug. 20xx

Volunteered one day a week with data entry and basic financial accounting projects

Lifeguard Summers 20xx – 20xx

YMCA, Lowell, MA and Vietnam Veterans Pool, Chelsea, MA

- Supervised swimmers to ensure that they are swimming within the safety protocols
- Spot hazards or potential hazards and take measures to prevent accidents

## **Rachel Ray**

Rachel\_Ray@student.uml.edu

10 First St., Lowell, MA 01852

(978) 888-8888

#### **EDUCATION**

*University of Massachusetts Lowell (UMass Lowell) | Lowell, MA | May 20xx*Bachelor of Arts: Education, Concentration: Elementary and Moderate Disabilities
GPA: 3.75, Dean's List (all semesters)

- Omicron Delta Kappa, National Leadership Honors Society | April 20xx Present
- Who's Who among Students in American Universities and Colleges | Feb. 20xx

#### **LICENSURE**

MA Initial License: Elementary 1-6, Teacher of Students with Moderate Disabilities K-8 (pending)

MTELs passed: Foundations of Reading, Communication and Literacy, General Curriculum Multi-Subject and

Math

**Endorsements**: SEI, Special Education Methods

#### **TEACHING EXPERIENCE**

Practicum Student Teacher: Moody Elementary School | Lowell, MA | Jan. 20xx - Apr. 20xx

- Created lessons that allowed students to explore and connect new concepts to real world applications using the 5E teaching strategy
- Analyzed student work examples to ensure that they were meeting the learning goals
- Engaged students and encouraged participation in rich discussions using academic language
- Modified all lessons for diverse learners and individual student needs

Pre-Practicum Student Teacher: McAuliffe Elementary School | Lowell, MA | Sept. 20xx – Dec. 20xx

- Co-created and taught a unique unit plan for analyzing slope using the 5E method
- Scaffolded and revised the unit to ensure that students had full understanding of the concepts

### **ADDITIONAL FIELD EXPERIENCE**

Technology and Digital Literacy: Moody Elementary School | Lowell, MA | Feb. 20xx

Assisted students with disabilities in applying technology in the classroom

Mathematics & Problem Solving: Moody Elementary School | Lowell, MA | Feb. 20xx

Designed and implemented two mathematics lesson plans for three inclusive 2<sup>nd</sup> grade classes

#### **WORK EXPERIENCE**

Server: Chili's | Nashua, NH | Sept. 2018 - Present

Provide excellent customer service to 8-10 tables of guests in a fast-paced environment

**Tutor: Bartlett Community Partnership School** | Lowell, MA | Sept. 20xx – Dec. 20xx **Peer Tutor: UMass Lowell, Center for Learning** | Lowell, MA | Jan. 20xx – May 20xx

- Tutored undergraduate students in a wide range of introductory and advanced math classes
- Led group review sessions before midterm and final exams

Swim Instructor: University Club of Boston | Boston, MA | Dec. 20xx – Jan. 20xx

- Taught private swim lessons for children ages 3+
- Acted as Assistant Coach for swim clinic that focused on stroke technique and water safety skills

#### **SKILLS & CERTIFICATIONS**

- Google Certified Educator, Google Classroom
- MS Word, Excel, PowerPoint, Outlook, and Access

## **AJAY PATIL**

7 Any Avenue, Lowell, MA 01854 • Ajay@gmail.com • 978-123-4567 • www.linkedin.com/in/ajaypatil

#### **EDUCATION**

M.S. in Electrical Engineering, University of Massachusetts Lowell (GPA: 3.71)

B.E. in Instrumentation Engineering, University of Mumbai, India (First Class with Distinction)

June 20xx

#### **TECHNICAL SKILLS**

PSpice, Altium, MATLAB, Verilog/VHDL, LabVIEW, C, C++, Cisco Packet Tracker, Linux, Windows, MS Office

#### **EXPERIENCE**

Teaching Assistant, University of Massachusetts Lowell – Lowell, MA January 20xx to Present

Teach undergraduate students MATLAB and micro-controller programming.

Summer Intern, St. Jude Medical - Westford, MA

June 20xx to September 20xx

- Worked with R&D team to write a generic PCB design procedure.
- Executed testing of Altium Library components.

Summer Intern, EMCO Private Ltd. (Energy Meters Division) – Mumbai, India Une 20xx to August 20xx

- Worked with team that tested quality, accuracy, and reliability of different energy meters.
- Executed testing of analog devices such as residential single-phase meters and industrial three-phase meters.
- Documented test procedures and generated reports.

#### **PROJECTS**

Analog Design (Fall 20xx): To design an operational amplifier with a high open-loop gain.

- Designed schematic of a 3-stage operational amplifier in PSpice simulation software.
- Implemented the schematic on a PCB board with hardware parts provided.
- Achieved open-loop gain in millions.

Sensor Design (Spring 20xx): To design a pulse-oximeter.

- Designed a schematic using LDR and op-amp to detect a pulse generated in body.
- Implemented the schematic on a breadboard with hardware parts provided.
- Used LDR as a sensing element in the circuit and observed output on oscilloscope.

Control System (Spring 20xx): To design a control law for the given inverted pendulum system.

- Implemented Simulink model in MATLAB to control the output.
- Designed state space equations and applied them to the system.
- Wrote and executed code in MATLAB.

**Network Design (Fall 20xx):** To create an ad-hoc network using Linux.

- Built DNS server for a network using Linux programming.
- Implemented a DHCP server for the same network by providing IP addresses.
- Secured the network using firewalls and also created backups of all the files.

Tessellation and Volume Rendering using OPENGL (Spring 20xx): To tessellate a given set of data.

- Wrote an algorithm in C programming to tessellate an input data set.
- Explored a new concept in C language and learned various concepts of graphic design.

GSM Based Smart House Application (Spring 20xx): To reduce electricity consumption and provide automation.

• Developed automation-based software using E89V51RD2 micro-controller to control appliances.

Digital Thermometer (Fall 20xx): To understand basics of signal conditioning circuits.

Designed simple circuit based on transistor BC108 as sensor which senses temperature up to 150°C.

#### **PRESENTATIONS**

• "Cellular Technology in the Process Industry" - Presented at conference held by Emerson in collaboration with CII (Confederation of Indian Industry).

### **MEMBERSHIPS**

ISA (International Society of Automation) and ISTE (Indian Society for Tech Education)

220 Pawtucket Street, #450, Lowell, MA 01854

555-555-5555 | josh Degregorio@student.uml.edu | www.linkedin.in/joshdegregorio

#### **PROFILE**

- Excellent communication and patient care skills
- Organized, efficient, and highly analytical
- Working knowledge of medical terminology and nutrition
- CPR/AED Certified American Red Cross (current)

#### **EDUCATION**

Bachelor of Science in Exercise Science; Minor in Nutrition; GPA: 3.5 May 20xx

University of Massachusetts Lowell

Lowell, MA

#### **TECHNICAL SKILLS**

**Testing:** Maximal and submaximal VO2 tests, Bruce/Modified Bruce Protocol Stress Test, Cycle Ergometer Anaerobic Power Output (Wingate), Gait Analysis (Traditional, RLA), Kinematic Analyses, Functional Movement Screening, 1RM Strength Tests, Skin Fold Test, Blood Pressure, PNF Stretching **Software:** MS Word and Excel; SPSS 10 statistical software

#### **ACADEMIC PROJECTS**

- Research Methods in Exercise Physiology (Spring 20xx): Analyzed and summarized studies investigating gluten sensitivity and neurological disorders.
- Exercise Physiology II (Spring 20xx): Collaborated with team of 4 to develop individualized, sport-specific training programs for local community organization working with middle school students.

## **EXPERIENCE**

#### **Exercise Physiology Intern**

Jan. 20xx – present

### Cardiac and Pulmonary Rehab, Lowell General Hospital

Lowell, MA

- Led 12 one-hour cardiac and pulmonary exercise classes weekly, each with 3-8 patients.
- Administered and reviewed patient health questionnaires prior to each class, making any needed adjustments.
- Checked patient EKGs for ischemic changes and monitored vital signs during classes.
- Wrote exercise prescriptions based on assessment results to address issues.
- Taught patients about proper exercise strategies, breathing techniques, and diet/nutrition.
- Monitored patient adherence to protocols and summarized/reported patient progress.

# Sales Associate General Nutrition Centers (GNC)

May 20xx – Dec. 20xx

Tyngsboro, MA

- Use nutrition and product knowledge to consult with customers.
- Recommend products based on customer goals and strategy.
- Conduct and compile research on benefits of various products.

### Lifeguard YMCA

Summers 20xx & 20xx

Lowell, MA

Ensured safety of children through monitoring of pool and enforcing policies.

## **Mateo Chavez**

220 Pawtucket Street, Lowell, MA 01854 | (555) 555-5555

Mateo Chavez@student.uml.edu | www.linkedin.com/in/mateochavez

## **Objective**

Self-motivated student veteran/leader seeking to work with disenfranchised groups within our society.

### **Education**

## **University of Massachusetts Lowell (UMass Lowell)**

**Expected Graduation 5/xx** 

Bachelor of Arts in Psychology, minor in Philosophy; Current GPA: 3.35

## **Professional Experience**

### Administrative Assistant, UMass Lowell Office of Veteran Services, Lowell, MA 9/xx-Present

- Maintain and process personally identifiable information pertaining to student veteran education benefit packages.
- Assist student veterans in completing their applications for desired benefits from the Department of Veteran Affairs.
- Work as part of a team to organize and operate the ceremonies of the office held for student veterans and our donors.

## Outreach Intern, Massachusetts General Hospital Home Base Program, Boston, MA 2/xx-8/xx

- Engaged veterans and their families and attempted to connect them to care through education sessions and outreach events.
- Assisted with the editing and finalization of From the War Zone to the Home Front, an online
  partnership between the National Center for Post-Traumatic Stress and Home Base geared at
  educating clinicians about the symptoms of traumatic brain injuries and Post-Traumatic Stress.

### Sergeant, United States Army Reserve, Devens, MA

4/xx-1/xx

- Provided support and aided in the reconstruction of Iraq immediately following the American occupation and subsequent collapse of the Iraqi government.
- Carried out large-scale movements of equipment and personnel in southeast Afghanistan, and played a team role in ensuring the safety and security interests of the US Army.
- Ensured all personnel were knowledgeable in their areas of responsibility by coordinating and providing training opportunities.

## **Organizational Leadership Experience**

### **President, UMass Lowell Psi Chi Chapter**

9/xx-Present

- Delegate club responsibilities to ensure all members participate in the work and activities of the honor society.
- Initiated a working relationship with the Lowell Transitional Living Center (LTLC), through which our members found volunteer and internship opportunities.

## **Member, UMass Lowell Student Veterans Organization**

9/xx-Present

- Participated in Toys4Lowell program to deliver toys to children in government housing.
- Assisted in hosting the 2nd Annual Governor's Student Veterans Conference on veterans' education.

## **Research and Presentation**

#### Mind Wandering in the Classroom

9/xx-Present

 Working with a faculty mentor to conduct an extensive literature review to support development a technology to unobtrusively measure mind wandering.

#### NASPA Conference on College Men; Miami University, Oxford, Ohio

5/xx

- Co-presented Our Silent Struggle, The Importance of Social Supports for Male Student Veterans.
- Relayed a personal perspective of the veteran experience on campus.