

After INTERNSHIP: Next Steps

COMPLETING AN INTERNSHIP is an important milestone in your career development journey. Hopefully your internship helped you build experience, knowledge, skills, and contacts that will prove valuable personally and professionally. A critical next step is...deciding on your next step! Where do you want to go from here in terms of building your career pathway? Check at least one possible next step from the lists below.

CONTINUE CONNECTING WITH YOUR INTERNSHIP SITE:

- □ Send a handwritten thank you note to those with whom you worked closely
- Ask supervisor (or someone else) to join you for coffee once a quarter
- □ Connect with employees on LinkedIn
- Conduct an informational interview with somebody in an interesting role
- □ Meet up with them at UW info sessions, career fairs, etc. (or volunteer to help!)
- □ Apply for another internship there, or a full-time role if you're graduating soon

KEY RESOURCES:

careers.uw.edu linkedin.com

LEARN ABOUT OTHER EMPLOYERS:

- □ Conduct an informational interview with somebody at an employer of interest
- Attend any of the Career & Internship Center events at which employers are present career fairs, employer information sessions, Careers In panels, or Employer-Led workshops
- □ See if you know anybody with connections to employers of interest through LinkedIn
- Use LinkedIn's alumni tool to see where other Huskies are working
- □ Subscribe to a Talent Community to learn about events and employers relevant to your interests

SEEK OPPORTUNITIES FOR SELF-DEVELOPMENT:

- □ Reflect on and dissect your internship using the *After Internship*: *Strategic Analysis* sheet
- Complete the values, interests, and strengths exercises in the Career Guide
- □ Make an appointment with a career counselor at the Career & Internship Center to further clarify your skills, strengths, values, and interests
- Take courses or engage in co-curricular experiences (clubs, leadership roles, volunteer positions, internships, etc.) that will help you develop skills necessary for success in careers that interest you

GET READY FOR YOUR NEXT APPLICATION:

- Attend workshops or labs on resumes, cover letters, interviews, LinkedIn, job search, etc.
- Add a well-written description of your internship to your resume
- Update your LinkedIn profile to include your internship
- Ask somebody from your internship site to write a recommendation for your LinkedIn profile
- □ Write down a few significant stories from your internship that you might want to include in a cover letter or discuss in a job interview
- □ Meet with a career counselor to refine your materials, interview answers, and job search plan
- □ Apply for other internships or jobs using HuskyJobs or other strategies

OTHER IDEAS:

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BUILDING MOMENTUM:

What's something small you can do *this week* to work towards your identified next step(s)?