SELF-EXPLORATION RESOURCES FOR GRADUATE STUDENTS

Campus Resources

Career & Internship Center: https://careers.uw.edu/graduate-students
- Online resources
- Individual coaching appointments

Counseling Center: http://www.washington.edu/counseling/
- Myers-Briggs Type Indicator (MBTI)
- Strong Interest Inventory (SII)
- Values Workshops (offered jointly with Career & Internship Center)
- Individual career counseling appointments

Online Assessments and Exploration Tools
- UW Alumni on LinkedIn: https://careers.uw.edu/resources/uw-alumni-on-linkedin/
- 16 Personalities: https://careers.uw.edu/resources/16-personalities/
- My Next Move: https://careers.uw.edu/resources/my-next-move/
- Character, Engagement, Meaning, & Life Satisfaction: http://www.authentichappiness.sas.upenn.edu/

Books for Exploration and Career Inspiration


