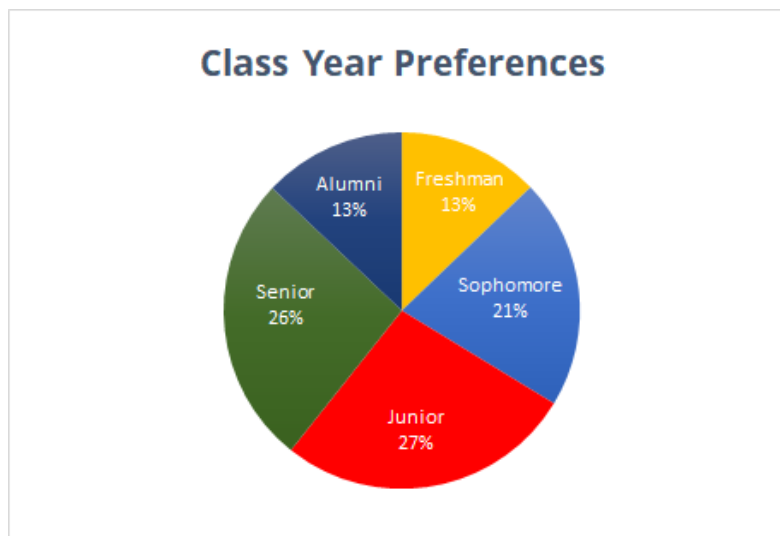


Finding Internships in Handshake¹

What is an internship?

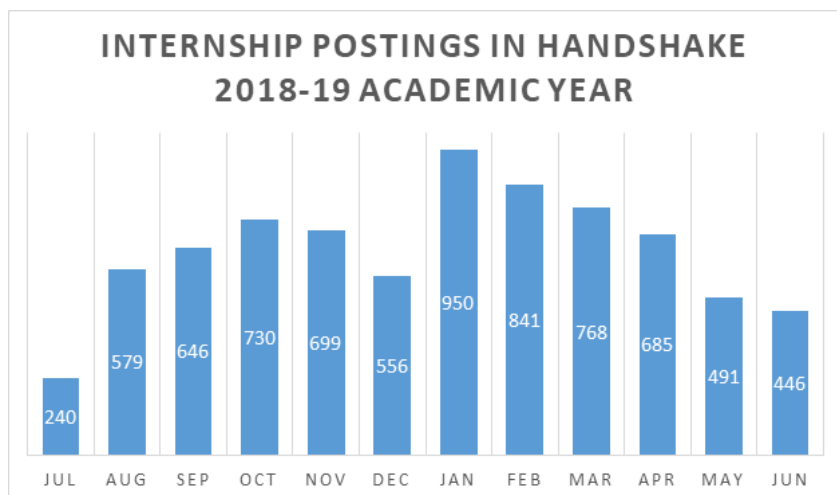
An internship is a form of experiential learning that allows students to apply their academic learning through hands-on experiences, develop or refine specific skills, and/or explore a specific industry or job sector.

Who are employers recruiting?



Employers could select more than one option for class year. In addition, less than 1% of employers screen applicants by UW school.

When do employers post?



¹ Data from July 1, 2018 to June 30, 2019

² Average minimum GPA is 2.98

By the Numbers

7,631 Internships

80% Paid

60% In Summer

1-2 Quarters Long On Average

27% Screen By GPA²

95 New Postings Every Day

Summer

Academic Year

Up to 40 Hours

10-15 Hours

Local, National, International

Usually Local

CAREER & INTERNSHIP CENTER

UNIVERSITY of WASHINGTON

Division of Student Life

Finding Internships in Handshake



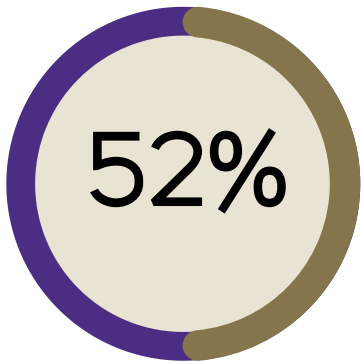
Recruitment timelines

- Most industries do not have specific recruitment timelines
- The highest volume of summer internship postings come in during winter quarter
- Some industries (e.g. accounting, consulting, engineering, and finance) recruit heavily in fall quarter
- Many employers do "just-in-time" hiring for summer and year-round internships

How early do employers post?

Summer	Academic Year
75% More than 2 months out	51% More than 2 months out

Where else do employers recruit interns?



of employers at the winter and spring career fairs are recruiting for interns

Top 10 by State

State	Postings*
Washington	2,393
California	1,822
New York	653
District of Columbia	585
Massachusetts	460
Oregon	456
Texas	334
Colorado	327
Illinois	283
Pennsylvania	158

*Can be listed in multiple states
Postings available in all 50 states

Tips and Caveats

- Complete your Handshake profile! 60% of employers search for and contact students based on profiles.
- Use filters in Handshake to find relevant postings. Start with geographic region or opportunity type.
- Use 'Match Preferences' to find opportunities that line up with your profile.
- International students can filter by postings that accept CPT/OPT, will sponsor, and/or don't require US work visas.
- Employers may not use UW-specific terminology so be creative with search keywords and criteria.
- Be patient and inclusive! Check back with Handshake often - recruitment timelines are not 'one size fits all.'
- Many postings get less than 5 applications total from UW students. Be open to various opportunities and learn more about employers that are new to you.
- Not everything is in Handshake. We recommend using other search engines or going directly to company websites.