

# GEN ST 297 M & N: Introduction to Careers in the Health Professions

Wednesdays 1:30-2:20

**ARC 147** (in-person) and <https://washington.zoom.us/j/99487841860> (online)

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The goals of this course are to provide opportunities for students to **reflect** on how various healthcare careers may be a good fit with their skills and interests, as well as **identify next steps** in their Husky Experience. Through interactive discussions with campus partners and healthcare professionals, students will be able to:

- *Effectively engage campus support partners as they navigate the UW*
- *Reflect on interests, personality, values & workplace preferences as they relate to careers in healthcare*
- *Articulate personal fit with health profession(s) of interest*
- *Identify opportunities for clinical exposure, research and leadership*
- *Identify opportunities to learn more about health disparities and other barriers to care*

This is a one-credit seminar graded as Credit/No Credit. Students who score **80** or more points out of a possible 103 points will receive credit. Students' scores include:

- **Points for participation** (3 points per class session x 11 sessions = 33 points total)
- **Points for 7 reflection exercises** (10 points each for a total of 70 points).

All assignments can be turned in late for a 20% penalty until **December 10**, the last day of instruction. Please do not work on or submit assignments during our limited time together.

<b>Date:</b>	<b>Topic:</b>	<b>Assignment Due this Day:</b>
9/29	Intro	
10/6	Pathway U	Self-Assessment #1 Pathway U Assessments
10/13	Exploring Healthcare Careers – Part 1	Pathway U Reflection
10/20	Exploring Healthcare Careers – Part 2	
10/27	Gaining Exposure to Patients & Providers	Career Exploration Reflection
11/4	Examining Barriers to Care	
11/10	Planning Courses & Majors	Health Disparities Reflection
11/17	Enhancing Academic Performance	
11/24	Connecting to Research (Thanksgiving 11/25)	Enhancing Academic Performance Reflection
12/1	Exploring Leadership in Healthcare	
12/8	Striving for Balance	Self-Assessment #2

## **Academic Integrity:**

Students have the responsibility to know UW's Student Conduct Code and section on Academic Responsibility: <http://depts.washington.edu/grading/pdf/AcademicResponsibility.pdf>

## **Communication:**

Instructors will communicate with students individually through Canvas and/or using students' UW email addresses. You are encouraged to check your UW email frequently. Additionally, students will receive announcements via Canvas and students are responsible for seeing and understanding the information posted there. This course is part of First Year Programs, University Seminar program. For more information about University Seminars, or to contact the department, please email [seminars@uw.edu](mailto:seminars@uw.edu).

## **Inclusivity:**

At the University of Washington, diversity is integral to excellence. We value and honor diverse experiences and perspectives, strive to create a welcoming and respectful learning environment, and promote access, opportunity and justice for all. It is important that we – as a community of learners in this course – respect, honor, and explore diversity in all of its forms.

It is critical that each of us carefully listen to others' experiences, respect the validity of others' experiences, and be willing to reconsider our own perspectives in light of new information.

Your experience in this class is important to us. If you have already established accommodations with Disability Resources for Students (DRS), please communicate your approved accommodations to us at your earliest convenience so we can discuss your needs in this course. If you have not yet established services through DRS, but have a temporary health condition, mental health concern, or permanent disability that requires accommodations), you are welcome to contact DRS at 206-543- 8924, [uwdrs@uw.edu](mailto:uwdrs@uw.edu), or [disability.uw.edu](http://disability.uw.edu) so that we can work together to create an inclusive and accessible learning environment.

Washington state law requires that UW develop a policy for accommodation of student absences or significant hardship due to reasons of faith or conscience, or for organized religious activities. The UW's policy, including more information about how to request an accommodation, is available at <https://registrar.washington.edu/staffandfaculty/religious-accommodations-policy/>. Accommodations must be requested within the first two weeks of this course using the form at <https://registrar.washington.edu/students/religious-accommodations-request/>.

## Assignment Descriptions:

- 1. Self-Assessment #1:** Due 10/6 (10 points)  
*Complete a survey in Canvas reflecting on where you are in your health career exploration process at the beginning of the quarter.*
- 2. Pathway U Assessments:** Due 10/6 (10 points)  
*Complete four (4) Pathway U career assessments (Interests, Values, Personality & Workplace Preferences) & upload a PDF of the summary of the findings that includes your name.*
- 3. Pathway U Reflection Questions:** Due 10/13 (10 points)  
*Submit responses to 14 Reflection Questions based on your Pathway U assessments.*
- 4. Career Exploration Reflection:** Due 10/27 (10 points)  
*Complete a survey in Canvas reflecting on health careers highlighted in Career Panels to identify careers that would be a good fit with your skills & interests.*
- 5. Examining Health Disparities Reflection:** Due 11/10 (10 points)  
*Review one (1) of a selection of readings/videos that explore health disparities. Reflect on how your experiences and skills will equip you to help those you serve overcome their own barriers to healthcare.*
- 6. Enhancing Academic Performance Reflection:** Due 11/24 (10 points)  
*Complete a survey in Canvas reflecting on study and test-taking skills to identify new strategies for academic success.*
- 7. Self-Assessment #2:** Due 12/8 (10 points)  
*Complete a survey in Canvas reflecting on seminar content to identify next steps for preparation for healthcare profession of interest.*