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DISCOVERING MY WHY FOR CONNECTING



WHAT kind of work excites me, interests me, intrigues me, am I passionate about?

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WHERE do I want to work (city/state, environment/setting)?

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SKILLS & KNOWLEDGE I want to gain and strengthen.

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QUESTIONS I need answered to help me make a decision.

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2

DEVELOP MY CONNECTION MISSION

Your mission statement can help you initiate and sustain meaningful conversations with people who share your vision and interests. Use your reflection above to create a mission unique to you.

"My mission is to _____

Example: My mission is to create connections with individuals in Seattle’s healthcare field to learn about industry trends, potential careers, and job/internship opportunities.

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WHO CAN HELP ME ACCOMPLISH THIS?

Who do I know directly (peers, friends, family, mentors, professors, advisors, co-workers) that can support me with accomplishing my goals? *Who could my people connect me to?*

MY PEOPLE



MY PEOPLE'S PEOPLE



**Need to expand your connections using social media like LinkedIn?
Attend the C&IC's "How to Be Better at Networking" Workshop to learn how!**