

# Online Career Assessment



This online self-guided assessment and planning system is designed to help you explore majors and careers. Assessments are short (10-15 minutes each) and offer immediate results.

## 01. Log in with your SJSUOne ID and password

- Currently registered students and alumni within a year of graduation have access to Focus2
- To log in, go to [Focus2](#)

There are 3 components of Focus2:

- Career Planning Foundations (Am I Career Ready?)
- Self-Assessments (Work, Personality, and Leisure Assessments)
- Explore Possibilities (tools for ongoing career and education exploration)

## 02. Complete Career Planning Foundations: *Career Ready*

This short assessment measures your current competency across top transferable skills that employers seek. Results show areas of strength and ways to develop areas of growth.

## 03. Complete Self-Assessments

Discover and explore majors and occupations that match your preferences

- Select **Work Interest Assessment** if you have time for only one assessment

### Work Interest Assessment

Explore occupations and majors that match what interests you



### Leisure Assessment

Explore occupations and majors that match what you enjoy during your leisure time



### Personality Assessment

Explore occupations and majors that fit your personality type



- Select **Combine Results** to see occupations and majors that match multiple assessments. Keep in mind that when combining results, your options may be limited to just a few majors or careers.
- **Review Your Assessment Results:** Use worksheets found in the [Major & Career Exploration Guide](#) (Major Exploration Worksheet or Occupation Exploration Worksheet)

## 04. Explore Possibilities

If you already have a career or major of interest, use this section to find more about requirements.

**Tip:** Save majors and occupations and review them later



Consult with your Career Counselor on [Spartan Connect](#) if you need more guidance on how to review your results.