VMock Interviews
How–To Guide

Interviews can be intimidating and nerve-wracking, but with the right preparation and practice, you can feel confident and prepared for any interview. Here on VMock, we offer two resources to help you improve your interview skills: VMock's Elevator Pitch and Mock Interviews.

ELEVATOR PITCH

KEY BENEFITS

- **NON-VERBAL**
  Focuses on your body language & provides insights to create a better visual impact on the recruiters.

- **DELIVERY OF SPEECH**
  Analyzes speech on certain audio parameters & provides feedback symbolizing confidence in interview speech.

- **CONTENT STRENGTH**
  Evaluates the content to check the structure and presence of necessary elements in the interview response.

SALIENT FEATURES

- Get instant feedback on your interview basis your body language, diction and content, which is holistic and not subjective.

- Watch your interview and get time aligned feedbacks. It is easier to improve if you can watch and hear your interview performance along with the feedback.

- No interview scheduling hassles, no geographical and time constraints. Practice your interview whenever you want, wherever you want. Just practice!
GETTING STARTED

Follow these steps to access Elevator Pitch:

- Go to [www.vmock.com/fiucareer](http://www.vmock.com/fiucareer)
- Once registered, the platform will redirect you to the user dashboard.
- Select Interviews from the left navigation menu and click on Elevator Pitch.
- Follow the instructions and get the calibration done.
- After the interview, you can view the detailed feedback and video summary of your performance.
- Understand the steps to overall improvements in the summary section to take your interview to the next level.
- Go through the know more and next steps in detailed feedback section.
- Incorporate the overall feedback in your next interview. You can also share your video to your career coach and peers for the Network Feedback.

MOCK INTERVIEWS

KEY BENEFITS

NON-VERBAL
Focuses on your body language & provides insights to create a better visual impact on the recruiters

DELIVERY OF SPEECH
Analyzes speech on certain audio parameters & provides feedback symbolizing confidence in interview speech

CONTENT STRENGTH
Evaluates the content to check the structure and presence of necessary elements in the interview response
SALIENT FEATURES

- VMock’s Mock Interviews platform provides built-in mock interview sets for career tracks for students to practice.
- Students can create their own custom mock interview from the question library section on the platform or ask their peers and coaches to create one.
- Students can attempt assessments floated by career coaches and receive AI feedback.
- On the other hand, career coaches can verify the submissions and add their own feedback to the interviews.

GET STARTED

- Select Interviews from the left navigation menu and click on Mock Interviews.
- Select up to 3 career preferences from the list of careers and get started.
- You would get Mock Interviews for different career tracks associated with the chosen preferences with various difficulty levels.
- You can also upload your resume to get mock interviews as per system recommendations as per your resume.
- You can create mock interview by yourself or ask your peers and coaches to create an interview for you.
- You can also attempt mock interviews shared with you in the form of assessments by your career center.
- Understand the steps to overall improvements in the summary section to take your interview to the next level.
- Go through the know more and next steps in detailed feedback section.
- Incorporate the overall feedback in your next interview. You can also share your video to your career coach and peers for the Network Feedback.
- You can also upload your resume to get mock interviews as per system recommendations as per your resume.
You will be all SET to unlock your potential in real-life interviews!

**VMOCK TARGETED FEEDBACK**

Your Goal – achieve all the objectives till level 5

**Level 1:** Pay attention to the feedback and specific examples particularly relevant to your situation.

**Level 2,3:** You are on the right track and with some focused effort, you can get into the green zone. Follow the feedback and improve your score.

**Level 4,5:** Great going! But there could still be room for improvement. Review the feedback and ensure that you have done your best.

**Your goal:** to reach level 5 in VMock Interviews

Note: In case you have any trouble using the system, reach out to us at support@vmock.com