Do you have an interest in clinical fields such as medicine, physician assistant, physical therapy, occupational therapy, recreational therapy, or athletic training to help individuals rehabilitate from disease or injury? Are you interested in assisting clients with exercise programs, nutritional guidance, or behavior change to enhance wellness? If so, the Healthcare & Wellness Career Community will provide you with opportunities to learn about career options.

Explore Your Options
Career paths are available in a variety of settings including hospitals, clinics, school systems, public and private fitness centers, and wellness divisions within corporations.

Key Skills
Strong background in biological and social sciences, communication and interpersonal skills, clinical experience, technical ability, critical thinking, research experience, and intercultural fluency.

Notable Employers
Anytime Fitness • Athletico • ATI Physical Therapy • Body One Physical Therapy • Cook Medical • CVS Pharmacy • Engage: Recreational Therapy Services • Equinox • EXOS • Ferraro Behavior Services • Oak Street Health • Orangetheory Fitness • OrthoIndy • Stryker

Common Majors
- Exercise Science (BS)
- Recreational Therapy (BS)
- Dietetics (BS)
- Nutrition Science (BS, MS)
- Fitness & Wellness (BSPH)
- Physical Activity (MPH)
- Athletic Training (MS)
- Exercise Physiology (MS)
Continuing Education

29% of School of Public Health undergraduate degree recipients go on to pursue a graduate program.

Popular areas of continued study include: Public Health, Medicine, Allied Health, Education, Law, Business, Social Work, Computer Science, and Public Policy

Report Your Graduation Success

What's next?
Seniors-Let us know your plans after graduation. You will receive a survey about a month after graduation. Please fill out the survey and share your next step.

- Employment
- Graduate School
- Military Service
- Americorps/Peace Corps

We want to hear from all graduates!