



SCHOOL OF PUBLIC  
HEALTH-BLOOMINGTON

## OFFICE OF CAREER SERVICES



## Careers in **HEALTHCARE & WELLNESS**

Do you have an interest in clinical fields such as medicine, physician assistant, physical therapy, occupational therapy, recreational therapy, or athletic training to help individuals rehabilitate from disease or injury? Are you interested in assisting clients with exercise programs, nutritional guidance, or behavior change to enhance wellness? If so, the Healthcare & Wellness Career Community will provide you with opportunities to learn about career options.

### **Explore Your Options**

Career paths are available in a variety of settings including hospitals, clinics, school systems, public and private fitness centers, and wellness divisions within corporations.

### **Key Skills**

Strong background in biological and social sciences, communication and interpersonal skills, clinical experience, technical ability, critical thinking, research experience, and intercultural fluency.

### **Notable Employers**

American Red Cross • Anytime Fitness • Athletico • ATI Physical Therapy • Cigna Healthcare • CVS Pharmacy Ferraro Behavior Services, LLC • GNC • IU Health LA Fitness • Methodist Sports Medicine • Orangetheory Fitness • Parkview Health Premier Health • Progressive Health • ScribeAmerica • Stryker • Trilogy Health LLC

### **Common Undergraduate Majors:**

- Dietetics (BS)
- Exercise Science (BS)
- Fitness & Wellness (BSPH)
- Nutrition Science (BS)
- Recreational Therapy (BS)

### **Common Graduate Majors:**

- Athletic Training (MS)
- Exercise and Sport Physiology (MS)
- Kinesiology (MS)
- Nutrition Science (MS)
- Physical Activity (MPH)
- Recreational Therapy (MS)
- Sport and Coaching Science (MS)