

## **CHECKLIST for Your Sophomore and YOU**

## WHAT STUDENTS SHOULD DO: WHAT PARENTS CAN DO:

■ Update CDI resume. Handshake profile, and LinkedIn profile with spring and summer Ask to look at your student's updated CDI resume, cover letter, Handshake profile, experiences, activities, and leadership experience & upload updated resume into **VMock** for editing and review and LinkedIn profile to ensure they are up to date and look good Ask them when they plan to go to Career Design Studio Drop-Ins for a resume/cover letter review or Career Action Plan discussion ■ Have resume, cover letters and LinkedIn profile reviewed during Career Design Studio Drop-In Hours Send them a LinkedIn invitation and review your connections with them to see who may be helpful for them to connect with and talk to Register in Fall CDI 201 if unsure about major or career path Register Fall or Spring major related CDI 301 course if/when you know what you want to Rehearse their elevator pitch with them so they are confident when networking and doing informational meetings Read their weekly CareerEdge e-alerts & ■ Encourage your student to be **independent** and accountable in their experience blogs development, internship search and career pathing Attend Career Community events (career fairs, panels, meet ups, etc.) ■ Support your student's efforts to volunteer, network, participate in research projects, and/or develop their skills with LinkedIn Learning modules if they do not have an interpolar ■ Meet with the Sophomore Career Coach to develop/review their Career Action Plan for developing your skills and experience and interviewing remotely internship Ask your student about **their Career Action Plan** for developing their skills and experience (if their answer isn't very good, encourage them to go to Sophomore Drop-Ins ASAP!) Check Handshake and other sites on CareerEdge for internships, micro-internships, research projects, volunteer-ships, and other virtual opportunities regularly

Practice interviewing on Big Interview

Do SOMETHING this summer! (LinkedIn learning modules, network/informational meetings, professional skill development,

volunteering, independent learning, professional association engagement)