Pre-Medical Professions

NDSU NORTH DAKOTA STATE UNIVERSITY

MAJOR MAP

Pre-Medical Professions

Program Guide

	1ST YEAR	2ND YEAR	3RD YEAR	4TH OR FINAL YEAR
NAVIGATE COURSEWORK	Begin coursework for chosen Major and Pre-requisites for desired graduate program as well as placement exam preparation. Utilize campus resources to excel in courses. Research programs for specific requirements	Continue coursework within chosen Major and Pre-reqs, research placement exam information to further understand exam content. Meet with Pre-med advisor for additional recommended courses for test preparation.	Begin higher level content and specialization within chosen Major and prioritize completion of Pre-requisites. Begin preparing and scheduling for entrance exams.	Complete remaining major, general education or recommended electives for medical professional program.
DEVELOP SKILLS THROUGH EXPERIENCE	Explore student orgs to join, aligned with career direction. See NDSU Clubs Directory for ideas. Engage in volunteer and community based programs. Research experience requirements for medical professional programs.	Begin or continue medical profession required/related experience or shadowing. Pursue campus leadership opportunities or peer mentoring programs. Apply for student research opportunities.	Continue medical professional required/recommended experience or shadowing. Engage in volunteer and community based programs in a leadership capacity. Take full length practice exams for entrance exam.	Practice interview skills at the NDSU Career & Advising Center. Continue work, volunteer and research experience. Explore opportunities for possible gap year or contingency plan.
SEEK OUT CONNECTIONS	Meet your faculty members in your courses and major department. Connect with upperclassman with your same career aspirations. Pursue shadowing opportunities during semester breaks.	Collaborate with faculty and graduate students in research opportunities or peer mentoring programs. Join a targeted professional association/club/ organization	Continue to foster academic and professional relationships and request letters of recommendation for applications. Consider a leadership position in a professional association/club/organization	Connect with people who can help you materialize post-graduation plan. Debrief with advisors
UNDERSTAND BROADER PERSPECTIVES	Explore self, including personality, strengths, interests, and skills. Consider changes to study habits and learning style. Transition from memorization to critical thinking and analysis.	Consider if study abroad fits into your education. If so, submit an application for an abroad opportunity. Volunteer with a community organization that helps others in need	Study or intern abroad, if relevant or possible. Gain an understanding of need-based health related clinics and organizations through shadowing or volunteer work.	Build your intercultural competence by getting involved with other cultures or by improving your language skills.
GO! BUILD YOUR FUTURE	Research education and experience requirements for careers of interest.	Document all college level experience including hours accumulated and contact information. Reflect on experiences and personal growth	Organize your personal essay and verify letters of recommendation. Organize application deadlines. Prepare for required entrance exams for desired program.	Plan and Prepare for Entrance Interviews. Mentor 1st and 2nd year students who are pursuing a similar path.

CONSIDER A SUMMER JOB OR INTERNSHIP

CONSIDER A SUMMER INTERNSHIP OR STUDY ABROAD

TAKE ENTRANCE EXAMS AND SUBMIT APPLICATIONS

Where could I go after graduation?

- Medical
- Dental
- Optometry
- Occupational Therapy
- Physical Therapy
- Physician's Assistance Program
- Masters in Public Health
- Chiropractic

*Some careers may require additional training

Last Updated: 08/20/2019