



Internship Search Guide



Handshake

Handshake is a popular starting point to begin your search. It is an internship and job opportunity database that employers utilize to connect uniquely with Katies. Every St. Kate's student has a Handshake account. Start by simply logging in with your St. Kate's email and password to activate your profile.



Indeed

Indeed is one of the most popular online job and internship databases. Since Indeed covers a broad scope of industries, it provides a breadth of opportunities that encourages students to think beyond their comfort zone. Indeed's search system is incredibly easy to use, which has made it a favorite among many job and internship seekers.



Company Websites

Every company website has a career or employment section where internship and job opportunities are posted. St. Catherine University is lucky to be located in the corporate center hub of Minnesota. There are many local Fortune 500 companies, including 3M, Land O'Lakes, Ecolab, General Mills, Target, and Medtronic, to name a few. There are also many non-profit and smaller businesses that offer great internship opportunities in the metro area. Exploring company websites allows a student to get to know the company while also gaining an understanding of available roles.



Google

Although it may seem obvious, utilizing Google is a great way to find internships. Simply search for possible titles of internships and your desired location and Google will present hundreds of options. The intuitive filter system will easily define your search and present you with more opportunities to consider. As long as you are signed into your St. Kate's email account, you can also save positions to come back to later.



Reconnecting with Past Employers

Internships can be found through the process of reconnecting with previous employers. By reaching out to reestablish your former network, there is the potential to create a new opportunity. The Career Development Center can guide the employer and student through this process.



Internship Ideas Booklets

The Internship Ideas Booklets list many potential opportunities specific to each major and are available through the Career Development Center.

