

AT MY BEST

INSTRUCTIONS

- ✓ Complete the following statements.
- ✓ Then in groups, share your responses with your classmates.

AT MY BEST

A time when I was at my best was . . .

The best thing about me is . . .

What I enjoy doing the most is . . .

The best time in my life was . . .

My most fulfilling experience was . . .

I earn my best grades when I . . .

The best job or project I ever had was . . .

The things I like best about myself are . . .

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