NAME IT
Make your talents your own. Identify what each means to you.

CLAIM IT
Appreciate the unique power and value you have to bring to others.

AIM IT
Intentionally practice using and developing this set of talents.

QUESTIONS TO GET YOU THINKING ABOUT THE PROCESS

NAME IT
- What do you think of your results?
- How do you feel about the order? What talent do you identify with most?
- Are there any of your top 5 that you need more clarification on?
- Which of your top 5 surprised you?

CLAIM IT
- For which of your top themes do you want to be known?
- What one or two themes define who you are/how you work day-to-day?
- Which themes do you feel appear the most in your daily life?
- What do you appreciate more about yourself after seeing your top 5 themes?

AIM IT
- What are your career goal(s)? How can your strengths help you get there?
- How do you feel you can use these in your career?
- What are some ways you can improve your strengths?
- How do you plan to build your talents to improve them and turn them into strengths (talent x investment = strength; where investment = knowledge, skill and practice)?
NAME IT
What are your top three talent themes?

TOP THEME #1

CLAIM IT
What are some crucial insights about this theme?

TOP THEME #2

TOP THEME #3

AIM IT
What intentional steps will you take to leverage your talents?

YOUR GOAL OR OBJECTIVE
What is something you are working toward in the next week, month, or year?

STRENGTHS DEVELOPMENT PLAN: Practice intentionally describing and applying your talents to personal, career, and/or work goals in your life.