STUDENT SAMPLE

1223 Tiger Avenue Columbia, Missouri 65201 (555) 555 5555 <u>studentsample@mail.missouri.edu</u> <u>www.linkedin.com/mizzoustudent</u>

EDUCATION

Bachelor of Science in Nursing, <u>University of Missouri</u>; Columbia, Missouri Expected Graduation Date: May 20__

HEALTHCARE EXPERIENCE

Clinical Observer, Forest Park Hospital, St. Louis, Missouri, May 20__-August 20__; 200 hours

- Assisted and observed in the Geriatric and Psychiatric departments of hospital
- Provided continuous observation of assigned patient(s) until relieved
- Offered appropriate diversionary activities for assigned patient(s)
- Attended to personal needs of patient(s), such as assistance to the restroom, activity walks, refilling water, and advised nurse on call to additional needs
- Observed changes in a patients' status and informed the nurse of problems

Certified in Nonviolent Crisis Intervention Training, February 20__; 50 hours

 Participated in training emphasizing early intervention and nonphysical methods for preventing or managing disruptive behavior, as well as personal safety techniques

Volunteer, Barnes Jewish Hospital, St. Louis, Missouri, December 20__; 67 hours

- Assisted hospital staff with patient transports to recovery rooms, re-stocked rooms with medical supplies, and provided any help that was needed
- Watched surgeries being performed, recorded vital signs, and observed cleaning and bandaging of wounds

ACTIVITIES & ORGANIZATIONS

President, Student Nurses Association: University of Missouri, August 20__-Present; 20 hours

- Led organization by planning meetings, securing speakers, communicating with department faculty/staff, and offering networking and industry advice to members
- Ran monthly meetings by discussing current topics, budgeting dues, and planning events to promote the nursing field

Vice President, Mizzou Women's Field Hockey Club, September 20__-May 20__; 9 hours

 Directed and organized practices, arranged fundraisers, attended meetings, and organized trips for all of the away games

SAMPLE STUDENT

808 Student Suœss Avenue ● Columbia, Missouri 65211 ● (555) 555-0000 ● studentsample@mail.missouri.edu

EDUCATION:

Bachelor of Science in Nursing

University of Missouri

Columbia, Missouri

May 20___

Minor: Psychology

HEALTHCARE EXPERIENCE:

Ambassador (75+ hours)

Boone Hospital, Columbia Missouri

September 20__- Present

- Aided patients by providing human interaction and comfort items on a weekly basis
- Cared for patient's families by cleaning up public waiting room areas and bringing them refreshments

Job Shadow (15+ hours)

Des Peres Hospital, St. Louis Missouri

June 20___-August 20___

- Shadowed a Certified Registered Nurse Anesthetist during surgical procedures
- Attentively observed the numerous operating room positions for a nurse
- Shadowed the daily routine of a Nurse Practitioner and Exercise Physiologist
- Analyzed results from respiratory and stress tests with guidance from Nurse Practitioner

LEADERSHIP AND ACTIVITIES:

RAMS (Rockin' Against Multiple Sclerosis) Steering Committee

August 20__- Present

- Collaborated with 6-member committee to organize the University of Missouri's largest annual philanthropy raising event (\$68,000 total)
- Managed and presided upon the Monetary Donations committee, including organizing a list of potential donors, persuading businesses and individuals to donate, training callers, and tracking donations
- Planned and attended weekly meetings, events, and retreats for five months of service

Homecoming 20__ Red Cross Blood Drive Liaison

September 20__-October 20__

 Communicated between St. Louis and Kansas City families, Greek volunteers, and donors for blood drive

Personal Chapter and Enrichment Chairwoman, Gamma Phi Beta

September 20__- - Present

- Chaired and oversaw sisterhood events and educated members on chapter history and standards
- Participated in Homecoming and Greek week events including community and philanthropic activities

Member, Student Nurses Association

August 20__-- Present

- Interacted with pediatric patients through University Hospital's Trick-or-Treat Event
- Assisted in fundraising efforts benefiting various charities, including Adopt-A-Family, the Ronald McDonald House, and the Linus Project

VOULNTEER EXPERIENCE:

Volunteer, Walk a Hound-Lose a Pound Program

Central Missouri Humane Society, Columbia Missouri

September 20__-Present

- Contributed to a study that examined the connection between animal interaction and human exercise
- Walked dogs to increase exercise, temperament, and adaptability to increase adoption likeliness

WORK EXPERIENCE:

Jungle Gym/Pump Room Attendant

MizzouRec, Columbia Missouri

April 20__- Present

- Maintained a clean and safe workout environment for guests, register members, provide information about equipment, and assist with equipment technology
- Supervised large groups of people and was liable for their safety

Certified Server/Hostess/To Go Assistant

Chili's Bar and Grill, Kirkwood Missouri

November 20__- August 20__

• Provided outstanding service and received many awards for exceeding expectations in guest service

Sample Student

124 Student Success Avenue Columbia, Missouri 65203 (816) 555-5555 samplestudent@mail.missouri.edu

Education

Bachelor of Science in Nursing, University of Missouri

Expected Graduation Date: May 20_

Columbia, Missouri

Healthcare Experience

Hospital Volunteer University Hospital Trauma Services, Columbia Missouri

September 20 -Present; 45 hours

- Investigated patients' charts to classify type and class of trauma
- Gained experience working in the Cerner Works Powerchart system at University Hospital
- Assisted in chart abstraction to carry out Trauma Service' Mission

Job Shadow Heartland Health Hospital, St. Joseph Missouri

October 20__-January 20__; 30 hours

- Observed nurses in the Burn ICU clean wounds, drew blood, gave baths and antibiotics during the night shift
- Witnessed firsthand IVs, catheters, and chest tubes being placed while shadowing a nurse in the Emergency Room
- Watched multiple nurses in cardiac rehabilitation advocate a healthy lifestyle to those who had recent heart surgery

Hospital Volunteer Heartland Health Hospital, St. Joseph Missouri

September 20__-March 20___; 60 hours

- Prepared folders of information for new moms going home to ensure their ability to take care of their health and their child
- Delivered food and drinks to patients and encouraged them to partake in their rehabilitation exercises
- Improved quality healthcare by assuring patients' needs were met by observing their needs and meeting them

Volunteer Organizations

Student Nurses Association

University of Missouri

September 20__-Present; 12 hours

- Sold homecoming t-shirts, walked in the homecoming parade, and attended monthly meetings
- Participated in the March of Dimes, Team Ari to raise money and awareness for the health of pregnant women and their children
- Participated in an ambassador team for the walk in Saint Joseph, most money raised by an individual family team

DARE

Central High School

January 20 ; 5 hours

Visited multiple elementary schools to talk to children about the importance of being drug free

World Impact

Inner City Dallas, Texas

Summers 20__-20__; 200 hours

Planned day camps for inner city children where they had the opportunity to help do service projects

Additional Experience

Gymnastics Instructor

Arising Stars Gymnastics Center

June 20 - August 20

- Coached recreational and competitive gymnastics to groups of 5-20 kindergarten-fifth grade students by encouraging and instructing on proper technique
- Maintained a safe environment by having a safety certificate and handling minor injuries

Honors and Activities

President's Honor Roll- Fall 20__ & Spring 20__ Student Outreach Society All-American Scholar National Honor Society Varsity Soccer Team Member Students Against Destructive Decisions