

# A&S 4 SUCCESS

# FIRST YEAR STUDENTS

Simple steps to help you become career ready!

## CAREER & MAJOR EXPLORATION

**Start!**

Take Focus 2 to search for occupations and majors. Then speak with a Career Specialist about the results.

Explore MU majors, minors and certificates by visiting [Majors@mizzou](mailto:Majors@mizzou).

Arrange an informational interview to learn about the real-life experience of a professional.

Watch Candid Career videos to get honest career information about hundreds of occupations.

## MIZ

Participate in res hall programs, intramurals and campus activities.

Get involved by joining organizations.

## INVOLVEMENT

Create a profile on [HireMizzouTigers.com](http://HireMizzouTigers.com) and apply for part-time jobs and internships.

*Wellness Tip:*

Visit the Learning Center to access The Writing Center, Tiger Tutors & Study Plan Consultants.

Take a 1-credit hour Career Explorations course if you are undecided or unsure what to do with your major.

Attend academic lectures and events.

Volunteer and consider enrolling in a service-learning course.

Seek out research opportunities with faculty members.

Look into short and long-term study abroad programs.

*Wellness Tip:*

Attend a Student Health & Well-Being program to stay balanced.

## CAREER READINESS

Create a resume highlighting your strengths, achievements and college involvement.

Participate in professional development workshops hosted by career services.

Learn about networking and create a LinkedIn profile.

Build your interview skills by watching videos on Big Interview.

Become familiar with employers' definition of career readiness.

Take CliftonStrengths to learn about your natural talents and talk with a Career Specialist about how to leverage them.

Seek out mentors through connections with upperclassmen, instructors and advisors.

*Wellness Tip:*  
Seek out the Counseling Center for counseling or 24/7 crisis services.

## ZOU

The Career Center is ready to assist you with all your career needs! We offer appointments and drop-in consultations from 9:00 a.m. – 4:00 p.m. each weekday.



Career Center  
University of Missouri