Focus 2 Student Guide

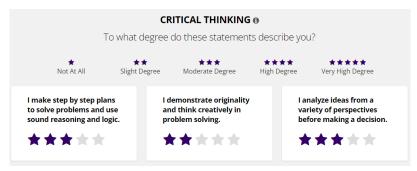
Am I Career Ready?

Overview: Career readiness is a foundation of <u>eight core competencies</u> that broadly prepare college students for lifelong success in their careers and workplaces. All students are encouraged to take this module.

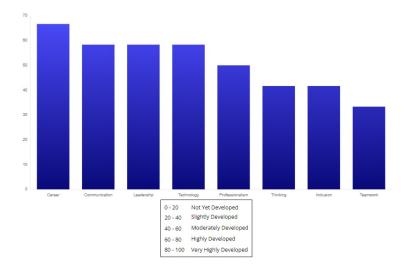
Time: 4-7 minutes

Take the Assessment:

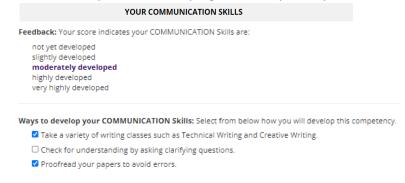
• Click the **Start button** to assess your competencies. Tip: When filling out your response, consider how you have applied these skills in and out of the classroom.



• View your results and click on the **Continue button** to find ways in which you can enhance those skills.



• Review and select a few of the suggested action items to further develop your competencies. In the comments section describe how you are developing each competency.



The results are saved and you can retake the test again at any time to assess your progress. Visit the <u>career</u> readiness reources on Mizzou Career Tools to reflect on other ways to enhance your skills.

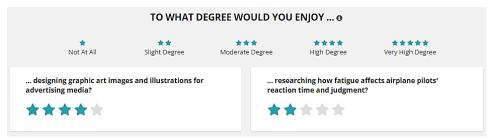
Self-Assessment

Overview: There are 5 modules that evaluate values, personality, skills, work and leisure interests. Based on those results, you can begin to research major and career options that align with your interests. Ideal for students unsure about your major or career goals.

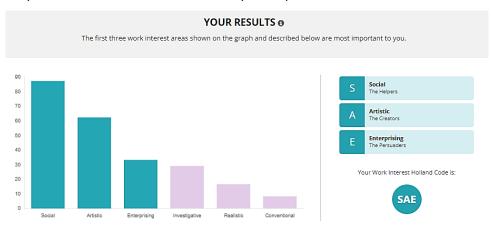
Time: 15-30 minutes

Take the Assessment:

- Begin by taking the work interest assessment (longest module). You'll get the most accurate major and career recommendations if you complete all five modules.
- Respond to each question.



• Carefully read your results and the definitions of your top work interests.



• Click the **Continue button** to view occupations that align with your interests and use filters to sort through the results.

Outdoor Education TEACHER Atmospheric Sciences and Meteorology Education Geography Junior High/Middle School Education and Teaching Parks, Recreation and Leisure Studies Secondary Education and Teaching Special Education and Teaching Special Education and Teaching

- Click on a job title to learn more details such as tasks, required skills and education, salary and more.
- We encourage you to speak with a <u>Career Specialist</u> about your results and continue to explore major and career options by visiting <u>Mizzou Career Tools</u>.
- Please note that your results are saved and you can login to retake the test or revise your results any time.

