A&S 4 SUCCESS
Simple steps to help you become career ready!

**CAREER & MAJOR EXPLORATION**

- **Start!**
  - Take Focus 2 to search for occupations and majors. Then speak with a Career Specialist about the results.
  - Explore MU majors, minors and certificates by visiting Majors@Mizzou.
  - Arrange an informational interview to learn about the real-life experience of a professional.
  - Watch Candid Career videos to get honest career information about hundreds of occupations.
  - Take a 1-credit hour Career Explorations course if you are undecided or unsure what to do with your major.

- **MIZ**
  - Participate in res hall programs, intramurals and campus activities.
  - Meet with an involvement Ambassador about getting involved on campus.
  - Create a profile on HireMizzouTigers.com and apply for part-time jobs and internships.
  - Wellness Tip: Visit the Learning Center to access The Writing Center, Tiger Tutors & Study Plan Consultants.

- **IN INVOLVEMENT**
  - Attend academic lectures and events.
  - Volunteer and consider enrolling in a service-learning course.
  - Seek out research opportunities with faculty members.
  - Look into short and long-term study abroad programs.
  - Wellness Tip: Attend a Student Health & Well-Being program to stay balanced.

- **ZOU**
  - Participate in professional development workshops hosted by career services.
  - Learn about networking and create a LinkedIn profile.
  - Build your interview skills by watching videos on Big Interview.
  - Become familiar with employers' definition of career readiness.
  - Wellness Tip: Seek out the Counseling Center for counseling or 24/7 crisis services.

**Wellness Tip:**
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**CAREER READINESS**

- Create a resume highlighting your strengths, achievements and college involvement.
- Take CliftonStrengths to learn about your natural talents and talk with a Career Specialist about how to leverage them.
- The Career Center is ready to assist you with all your career needs! We offer appointments and drop-in consultations from 9:00 a.m. – 4:00 p.m. each weekday.

**Wellness Tip:**
- Seek out the Counseling Center for counseling or 24/7 crisis services.

https://career.missouri.edu/connect  Lower Level, Student Success Center  (573)882-6801  career@missouri.edu