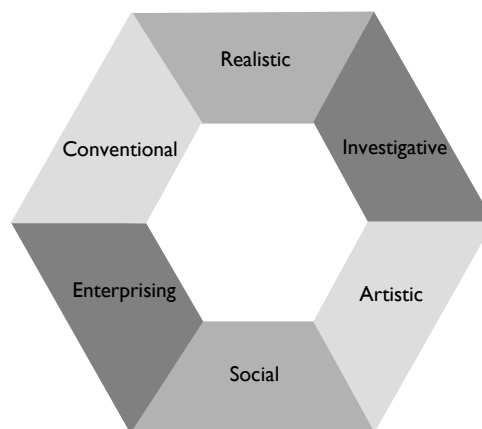




PREPARATION

Take a self-assessment such as the SDS or a card sort at the MU Career Center with a Career Specialist to help you identify your Holland code and resources for exploration. Ask yourself what you want out of your occupation: what type of environment would you enjoy?



WHAT ARE YOUR CAREER INTERESTS?

The Holland Code is based on Dr. John Holland's theory that people and work environments can be loosely classified into six different groups. Each of the letters corresponds to one of the six groups described in the following pages.

Different people's personalities may find different environments more to their liking. While you may have some interests in and similarities to several of the six groups, you may be attracted primarily to two or three of the areas. These two or three letters are your "Holland Code."

Most people, and most jobs, are best represented by some combination of two or three of the Holland interest areas. In addition, most people are most satisfied if there is some degree of fit between their personality and their work environment.

For more information about occupations related to your Holland code, explore the O*NET website, www.onetonline.org. Click on the "Advanced Search" tab, and then click on "Interests" from the drop-down menu to explore the occupations associated with each Holland type. You may also find out more about each type on our website at <http://career.missouri.edu/career-interest-game>.

This hexagonal model of RIASEC occupations is the copyrighted work of Dr. John Holland and is used with his permission.

REALISTIC (DOERS)

People who have athletic ability, prefer to work with objects, machines, tools, plants or animals, or like to be outdoors.

Are you?

systematic
self-controlled
straightforward
independent
practical

Can you?

play a sport
fix electrical things
operate tools and
machinery
plant a garden
pitch a tent

Like to?

work outdoors
be physically active
work on electronic
equipment
train animals
build things

Career Possibilities

Aviation Inspector (RCI)
Athletic Trainer (SRE)
Commercial Airline Pilot (RIE)
Construction Carpenter (RCI)
Dental Technician (REI)
Electrician (RIC)
Fish and Game Warden (RES)
Floral Designer (RAE)
Forester (RIS)
Industrial Supervisor (REI)
Laboratory Technician (RIE)
Mechanical Engineer (RIS)
Security Guard (RCE)
Software Technician (RCI)
Surgical Technologist (RSC)
Surveyor (RCI)
Ultrasound Technologist (RSI)

INVESTIGATIVE (THINKERS)

People who like to observe, learn, investigate, analyze, evaluate, or solve problems.

Career Possibilities

Actuary (ISE)
Anthropologist (IRE)
Archaeologist (IRE)
Biologist (ISR)
Chemical Engineer (IRE)
Chemist (IRE)
Dentist (ISR)
Economist (IAS)
Horticulturist (IRS)
Industrial Engineer (ICE)
Internist (ISR)
Mathematician (IER)
Meteorologist (IRS)
Pharmacist (IES)
Psychologist (IES)
Statistician (IRE)
Surgeon (IRA)
Veterinarian (IRS)

Are you?

logical
curious
inquisitive
observant
scholarly

Can you?

think abstractly
understand
theories
interpret formulas
use a computer or
microscope
solve complex
problems

Like to?

analyze data
work independently
explain scientific
theories
perform
experiments
explore ideas

ARTISTIC (CREATORS)

People who have artistic, innovating, or intuitional abilities and like to work in unstructured situations using their imagination and creativity.

Are you?

creative
imaginative
unconventional
expressive
impulsive

Can you?

sing, act, or dance
sketch, draw, or
paint
design fashions or
interiors
write stories, poetry,
or music

Like to?

work on crafts
take photographs
attend concerts, art
exhibits, or theatre
productions
read fiction, plays, or
poetry

Career Possibilities

Actor (AES)
Advertising Art Director (AES)
Architect (AIR)
Artist (ASI)
Copy Writer (ASI)
Dance Instructor (AER)
Drama Coach (ASE)
English Teacher (ASE)
Graphic Designer (AES)
Interior Designer (AES)
Intelligence Research Specialist (AEI)
Journalist (ASE)
Medical Illustrator (AIE)
Museum Curator (AES)
Music Director (AES)
Photographer (AES)
Writer (ASI)

SOCIAL (HELPERS)

People who like to work with people to enlighten, inform, help, train, or cure them or are skilled with words.

Career Possibilities

City Manager (SEC)
College or University Faculty (SEI)
Clinical Dietician (SIE)
Historian (SEI)
Hospital Administrator (SER)
Librarian (SAI)
Medical Assistant (SCR)
Minister/Priest/Rabbi (SAI)
Paralegal (SCE)
Physical Therapist (SIE)
Parole Officer (SEC)
Real Estate Appraiser (SCE)
Recreation Director (SER)
Registered Nurse (SIC)
Social Worker (SEA)
Speech Pathologist (SAI)
Volunteer Services Director (SEC)

Are you?

patient
insightful
responsible
cooperative
outgoing

Like to?

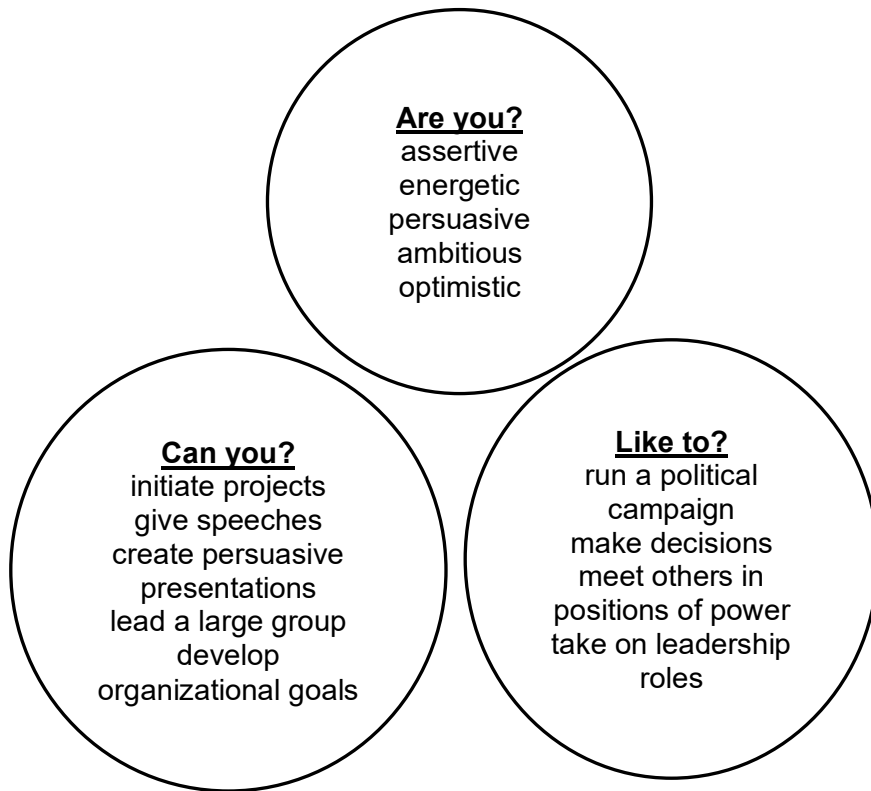
work in groups
volunteer in schools
solve personal
problems
provide service to
communities
interact with people

Can you?

teach or train
mediate disputes
lead a discussion
communicate well
with others
plan and supervise
activities

ENTERPRISING (PERSUADERS)

People who like to work with people, influencing, persuading, leading, or managing for organizational goals or economic gain.



Career Possibilities

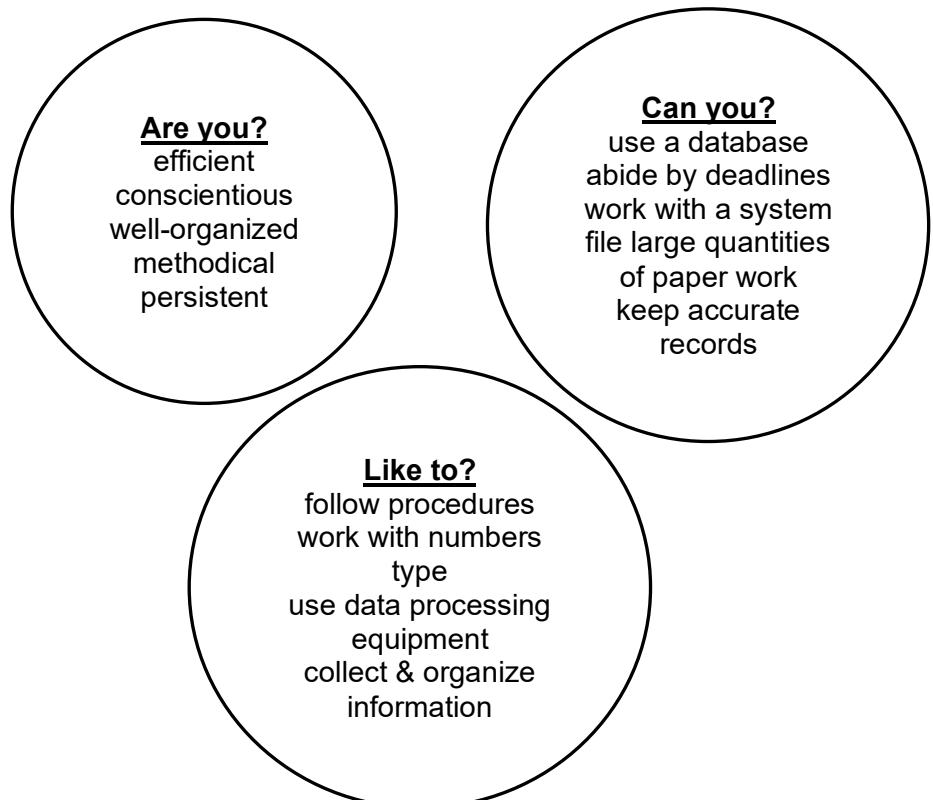
Advertising Executive (ESA)
Attorney (ESA)
Business Manager (ESC)
Buyer (ESA)
Chamber of Commerce Executive (ESA)
Customer Service Manager (ESA)
Education Administrator (ESC)
Emergency Medical Technician (ESI)
Entrepreneur (ESA)
Financial Planner (ESR)
Foreign Service Officer (ESA)
Lobbyist (ESA)
Politician (ESA)
Public Relations Representative (EAS)
Sales Representative (ERS)
Stockbroker (ESI)
Tax Accountant (ECS)

CONVENTIONAL (ORGANIZERS)

People who like to work with data, have clerical or numerical ability, carry out tasks in detail, or follow through on others' instructions.

Career Possibilities

Accountant (CSE)
Actuary (CIE)
Budget Analyst (CER)
Business Programmer (CRI)
Catalog Librarian (CSE)
Computer Operator (CSR)
Congressional District Aide (CES)
Court Reporter (CSE)
Customs Inspector (CEI)
Dental Assistant (CRS)
Editorial Assistant (CSI)
Gaming Dealer (CER)
Insurance Underwriter (CSE)
Law Clerk (CIE)
Medical Records Technician (CSE)
Museum Registrar (CSE)
Tax Consultant (CES)



SOME UNIVERSITY OF MISSOURI MAJORS HOLLAND CODES

College of Agriculture, Food, & Natural Resources

Agribusiness Management (REC)
Agricultural Education (RIE)
Agricultural Systems Management (REC)
Agriculture (RIS)
Animal Sciences (IRS)
Biochemistry (IRE)
Food Science & Nutrition (SEI)
Hospitality Management (ESR)
Parks, Recreation, and Sport (ESR)
Personal Financial Planning (SEA)
Plant Sciences (IRS)

College of Arts & Science

Anthropology (IRE)
Architectural Studies (IRE)
Architectural Studies, Interior Design (AES)
Art (EAS)
Art History and Archaeology (ESR)/ (IRE)
Biological Sci. (IRE)
Chemistry (IRE)
Communication (EAS)
Computer Science (IEC)
Digital Storytelling (ASE)
Economics (IAS)
English (AES)
Film Studies (AES)
Geography (IRE)
Geological Sci. (IRE)
German (ASE)
History (SEI)
Intl. Studies: *East Asian Studies* (SEI)
Intl Studies: *Environmental Studies* (IRE)
Intl. Studies: *European Studies* (SEI)
Intl. Studies: *International Business* (ESR)
Intl. Studies: *Latin Amer. Studies* (SEI)
Intl. Studies: *Peace Studies* (SEI)
Intl. Studies: *South Asian Studies* (SEI)
Linguistics (ISC)
Mathematics (IRE)
Mathematics: *Actuarial Science and Mathematical Finance* (IEC)

Music (ASC)
Philosophy (SAI)
Political Science (SIE)
Physics (IRE)
Psychology (SIE/ASE)
Religious Studies (SAI)
Romance Languages (ASE)
Russian (ASE)
Sociology (IES)
Statistics (IRE)
Textile & Apparel Management (ESA)
Theatre (ASE)

College of Business

Accountancy (CER)
Business Administration (ESC)
Business Administration: *Finance & Banking* (ESR)
Business Administration: *Intl. Business* (ESR)
Business Administration: *Mgmt* (ESR)
Business Administration: *Real Estate* (ESR)
Business Administration: *Econ* (IAS)

College of Education

Early Childhood Education (SEC)
Educational Studies (SEC)
Interdepartmental.
Elementary Education (SEC)
Human Development and Family Science (SEA)
Secondary Education (SAE/ASE)
Art Educ, Biology, Chemistry, Earth Science, Gen. Science, Language Arts, Mathematics Educ, Physics, Social Studies
Special Education (SEC)
Cross Categorical Special Education

College of Engineering

Chemical Engineering (IRS)
Civil Engineering (IRE)
Computer Engineering (IRE)
Electrical Engineering (IRE)
Industrial Engineering (EIR)
Information Technology (IER)
Mechanical Engineering (RIS/IRE)

School of Health Professions

Clinical and Diagnostic Sciences (Clinical Laboratory Science) (ICR)
Health Science (SER)
Pre-Professional Occupational Therapy (SRE)
Pre-Professional Physical Therapy (SIE)
Respiratory Therapy (SIR)
Social Work (SEC)

School of Journalism

Journalism (EAS)
Journalism: *Strategic Communication* (SIE)

School of Nursing

Nursing (SIA)

School of Veterinary Medicine

Microbiology (IRE)

next steps:

Talk with a Career Specialist for one-on-one assistance: <https://career.missouri.edu/connect>
Check out more resources at <https://career.missouri.edu> > Resources tab