

guide to

# MU CAREER CENTER SERVICES FOR INTERNATIONAL STUDENTS



## TOP SERVICES

### Investigate majors and careers

- Career and major exploration consultation with a peer Career Specialist
- Occupational info to research careers: [O\\*Net](#), [What Can I Do With This Major](#), [Candid Career](#), and more
  - Self-Assessments: CliftonStrengths for Students (\$15) and Focus 2 (Free)

### Prepare for a job search

- Resume and cover letter reviews
- LinkedIn profile consultations
- Interview preparation
  - General mock interview with Career Specialist
  - [Big Interview](#): online training and practice for interviews

Check out Handshake  
[missouri.joinhandshake.com](https://missouri.joinhandshake.com)

Part-time jobs, campus jobs,  
internships, full-time jobs,  
career events, and more.



### Find campus jobs, internships, and full-time jobs

- Advice for part time campus positions and internships/full-time jobs
- Referrals to resources and campus career office partners

## GET STARTED ONLINE

### Career Center Website

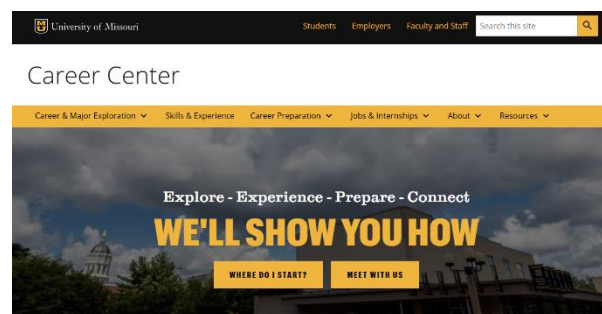
<https://career.missouri.edu>

Exploration, preparation, and experience.

### Mizzou Career Tools

<https://mizzoucareertools.campuscareerinnovations.com/>

Digital hub of career links, handouts, and videos.



## Featured Resources for International Students

The **Mizzou Career Tools'** page for international student resources includes exploration, job search, and professional development resources curated for you, including tips, videos, and a list of links to additional handouts and sites.

On this page, check out **GoinGlobal**, a site that helps you seek opportunities in the U.S. from H1B/OPT friendly employers, as well as seeking employment in countries around the world.



**GoinGlobal**  
Jobs here, there, everywhere.



Career Center  
University of Missouri

Lower Level  
Student Success Center

(573)882-6801  
[career.missouri.edu](https://career.missouri.edu)  
[career@missouri.edu](mailto:career@missouri.edu)



## WHO CAN YOU TALK TO ABOUT CAREER SERVICES AT MIZZOU?

Find these connections at [career.missouri.edu/about/career-coaching](https://career.missouri.edu/about/career-coaching)

### Career Center Career Specialist

Trained peer advisors ready to answer your questions and direct you to resources and exploration tools.  
We are also the home career office for Journalism and Nursing majors.  
*Available by drop-in and appointment.*

### Career Center Career Counselor

Counselors can meet with you weekly about social, career, and personal aspects of your decisions while you are a student and up to 1 year after graduation (if you are still residing in Missouri).  
*Available by appointment, email [careercounseling@missouri.edu](mailto:careercounseling@missouri.edu) to get started.*

### Career Services Office in Schools/Colleges

Mizzou has dedicated career services offices in Arts & Science, Business, CAFNR, Education and Human Development, Engineering, and Health Sciences.  
*Connect with your home career office.*

### Career Coach for Graduate Students

Graduate and professional students from all disciplines can meet with a career coach to explore and prepare for the diverse career pathways at any stage of your degree program.  
*Available by appointment.*

## TOP CAREER TIPS FOR INTERNATIONAL STUDENTS

Here are some tips for some of our top career services that are unique to international students, in addition to the general advice we provide to any student who is exploring careers or searching for jobs/internships.

**Resumes** tend to look a bit different in the U.S. than most other countries. U.S. resumes have:

- Language about strengths, skills, and how tasks are completed. Descriptions provide insight into work style.
- General contact info, but do not include pictures, birthdates, gender, marital status, or other personal info
- Experiences that are listed in reverse chronological order

**Interviews** with most U.S. employers have a goal of describing who you are and how you might fit into their work environment. Interviews tend to:

- Be more forward about accomplishments and how you might add value to that employer
- Tell stories and be specific about how you have performed work or been involved in the past

**LinkedIn** can be a powerful tool for networking globally. Build your profile by considering:

- Showing off your international network
- Connecting with Mizzou peers, faculty, staff, and alums who might help you with resources and career ideas

During your search, show off your **cultural competency**, your ability to **adapt to new environments**, and research employers who **value diversity** and an international focus.