

10 ways to use Career Services @ Penn

For PhD students at all stages

- 1) Make a 30-minute, 1-on-1, confidential advising appointment to discuss ideas for making the most of your time at Penn, and your future career goals. You can schedule appointments through Handshake, and can even come as a small group
- 2) Activate your free Handshake account (<https://upenn.joinhandshake.com>), and fill in your “career interests” (click on your name in the top right of the page) to receive customized information on programs/events that are more tailored to you
- 3) Complete your Handshake profile by adding information about your education, skills, and experiences; make it public so other Penn students can contact you
- 4) Get feedback on your LinkedIn profile, and learn how to use this tool to engage with the >150,000 Penn alumni and current students who currently use LinkedIn
- 5) Learn about some of the career paths followed by PhDs, and see whether these align with your skills, interests, and values:
 - MyIDP (STEM): <https://myidp.sciencecareers.org>; ChemIDP: <https://chemidp.acs.org>
 - Imagine PhD (Humanities & Social Sciences): www.imaginephd.com
 - Versatile PhD (all): <https://versatilephd.com>
- 6) Learn about faculty careers by claiming your institutional account with the National Center for Faculty Development & Diversity: www.facultydiversity.org/join
- 7) Discover our many digital resources that you can use to learn more about yourself and the careers that fit your interests (turn this page over for a selection)
- 8) Read the Carpe Careers blog on the Inside Higher Ed website to learn about professional and career development for PhD students – it is written by career advisors from institutions across the US specifically for the PhD student/postdoc population: www.insidehighered.com/career-advice/carpe-careers
- 9) Have a quick career question? Stop by for a 15-minute walk-in session at Career Services (basement level, McNeil Building) – held weekdays from 2-3pm for most Schools
- 10) But..., you don’t need to have specific questions to set up an appointment with a career advisor at Career Services. We are happy to help you identify some of the initial career-related questions you can ask to get you started

Selected Career Resources

CAREER SERVICES' RESOURCES

Handshake: Penn's student/employer interface giving you access to workshops, programs, employer information sessions, career fairs, internship/job listings, and a tool to schedule appointments with career advisors. <https://upenn.joinhandshake.com>

Career Services website: Find community, industry, and career field resources relevant to the job search process, along with an overview of steps you can take to make the most out of your PhD from a professional and career development perspective: <https://careerservices.upenn.edu>

Career Services blog: Learn about a wide range of career-related topics, and make sure to catch the weekly podcast "[CS Radio](#)" during the semester: <https://careerservices.upenn.edu/blog>

CAREER EXPLORATION (faculty and expanded career paths)

Versatile PhD: Career Services subscribes to this tool so that you can explore the broad diversity of careers that value a PhD. Use the PhD Career Finder Tool to investigate common career paths taken by PhDs across disciplines. <https://versatilephd.com>

Imagine PhD: Developed specifically for humanities and social sciences PhDs, this free resource provides self-assessment tools to help you evaluate your skills, interests, and values, and compare these against a wide diversity of job families that value a PhD. You can use the individual development plan tool to identify key next steps as part of your academic/professional development. www.imaginephd.com

myIDP: Developed specifically for STEM PhDs, this free resource provides self-assessment tools to help you evaluate your skills, interests, and values, and compare these against a wide diversity of careers that value a STEM PhD. You can use the individual development plan tool to identify key next steps as part of your academic and professional development. <http://myidp.sciencecareers.org>

iBiology: Successful scientists share their experiences in a variety of careers in education, industry, government, and more www.ibiology.org/career-development/career-exploration/

CareerExplorer: A career matching platform that helps people find their ideal career. www.careerexplorer.com/edu/upenn

ChemIDP: A tool for chemists to help them explore career options and create a plan for their own professional and career development. <https://chemidp.acs.org>

Where Historians Work: An interactive, online database that catalogues the career outcomes of the 8,523 historians who earned PhDs at US universities from 2004 and 2013. www.historians.org/wherehistorianswork

MLA Connected Academics: Demonstrating how doctoral education can develop students' capacities to bring their expertise in advanced humanistic study to a wide range of fulfilling, secure, and well-compensated professional situations. <https://connect.mla.hcommons.org/>

Vault Career Insider: Vault.com provides in-depth intelligence on what it's really like to work within an industry, company, or profession—and how to position yourself to launch and build the career you want. www.vpupenn.edu/secure/careerservices/pennkey/esub.php

PROFESSIONAL/CAREER DEVELOPMENT AND SKILLS BUILDING

Carpe Careers blog: Hosted on the Inside Higher Ed, read this weekly blog to learn about professional and career development for PhD students – written by career advisors from institutions across the US specifically for the PhD student/postdoc population: www.insidehighered.com/career-advice/carpe-careers

Lynda.com: Soon to be LinkedIn Learning, Lynda.com is an online training service that provides instructional videos covering a wide range of software products, technologies, and business topics. <http://lynda.upenn.edu>

VPHD Options 4 Success: A career exploration and professional development program that is designed to help graduate identify viable career paths, understand the link between their degrees and the professional world, and confidently manage the transition from university to high-quality professional careers. <https://versatilephd.com/options-4-success/>

National Center for Faculty Development & Diversity: An independent professional development, training, and mentoring community for faculty members, postdocs, and graduate students. www.vpupenn.edu/secure/careerservices/pennkey/esub.php

Student Employment Management System: Find on-campus jobs at Penn. www.sfs.upenn.edu/seo/job_search/

NETWORKING

QuakerNet: A database of Penn graduates that is searchable by industry, employer name, geographical location, major, student clubs, and more. <https://quakernet.alumni.upenn.edu>

LinkedIn: An interactive database of >150,000 Penn alumni/students showing their current career fields, and filterable by academic discipline, skills, and searchable by keyword. www.linkedin.com/school/university-of-pennsylvania/people/