# [Your Name]

[City, State] [Email Address] [Phone Number]

#### Education

## University of Pennsylvania, Philadelphia, PA

Bachelor of Science, Engineering

#### Athletics

# University of Pennsylvania, Philadelphia, PA

Varsity Track and Field Athlete

- Represented the University of Pennsylvania in national and regional track and field competitions.
- Demonstrated strong time management skills by balancing rigorous academic coursework with athletic training and competitions.
- Collaborated with coaches and teammates to develop effective training strategies and fostered a cohesive team environment.
- Exhibited determination and discipline to excel both academically and athletically.

# **Engineering Internship Experience**

## ABC Engineering Solutions, Philadelphia, PA

[Month Year - Month Year]

Engineering Intern

- Assisted a team of engineers in designing and developing innovative solutions for client projects.
- Conducted research and analysis to support engineering decision-making processes.
- Collaborated with senior engineers to create detailed project reports and presentations.
- Developed proficiency in utilizing industry-standard software and tools to enhance project efficiency.

# Work Experience

# University of Pennsylvania, Philadelphia, PA

[Month Year - Present]

Engineering Lab Assistant

- Support engineering faculty in preparing and maintaining lab equipment for undergraduate courses.
- Assist students with hands-on engineering projects and experiments, fostering a collaborative learning environment.
- Provide technical support during lab sessions, troubleshooting issues and guiding students through the process.
- Contribute to ongoing research projects by collecting and analyzing data and assisting with data interpretation.

[Expected Graduation Date]

[Years of Participation]

#### **Research Experience**

#### University of Pennsylvania, Philadelphia, PA

[Month Year - Month Year]

Research Assistant Department of Engineering

- Collaborated with a team of researchers to investigate sustainable engineering solutions for urban infrastructure.
- Conducted literature reviews and performed experiments to gather relevant data for the research project.
- Analyzed data using statistical tools and software to draw meaningful conclusions.
- Assisted in preparing research findings for publication and presentation at conferences.

#### Skills

Strong analytical and problem-solving abilities developed through engineering coursework and research experiences.

Effective communication skills honed through presenting research findings and collaborating with teammates and coaches.

Proficient in using engineering software tools, including CAD, MATLAB, and Python.

Excellent time management and organizational skills demonstrated by balancing rigorous academic and athletic commitments.

Leadership skills developed through serving as a team captain and organizing team-building activities.

#### **Extracurricular Activities**

Member of the Engineering Student Council, actively contributing to the improvement of student experiences within the engineering department.

Volunteer at local community events, promoting the benefits of sports and engineering education to young students.