10 WAYS TO USE PENN CAREER SERVICES FOR PHDS AND POSTDOCS

- 1. Activate your Handshake account and complete your "career interests" by clicking on your name in the top right of the page to receive customized information on programs/events that are tailored to your career goals
- 2. Learn about faculty and expanded career paths followed by PhDs, and see whether these align with your skills, interests, and values using the PhD Career Training Platform (all disciplines) and <u>Imagine PhD</u> (Humanities & Social Sciences)
- 3. Schedule a 30-minute, 1-on-1 advising appointment (virtual or in-person) through Handshake to discuss your future career goals and think about some helpful next steps with one of our Career Advisors
- Δ. Take advantage of free access to LinkedIn Learning, provided by Penn, to update your technical and professional skills relevant to your future careers
- 5. Follow and subscribe to the Career Services YouTube channel to view recorded workshops relevant to graduate students/postdocs and get notified of new content
- 6. Learn about faculty careers by claiming your institutional account with the National Center for Faculty Development & Diversity
- 7. Log in to the Career Services website with your PennKey and set up your industry preferences to get a weekly newsletter with jobs, events, and resources relevant to your job search
- 8. Participate in our in-person or virtual events, including workshops and panels, career fairs, employer information sessions, coffee chats, and tech talks; you can search for these programs on **Handshake**

View this resource online to directly access all the links!



- Get feedback on your LinkedIn profile, and learn 9. how to use this tool to engage with the >200,000 Penn alumni and current students who currently use LinkedIn. Stop by the Career Services office to get a free professional headshot taken in our GAPSA sponsored photobooth
- **10.** Have quick career questions? Career Services holds <u>Same Day Advising</u> hours that are available by 10 a.m. in Handshake

careerservices.upenn.edu 3718 Locust Walk, McNeil Building, Basement



https://bit.ly/44ehwEP

RESOURCES & QUICK TIPS

<u>Career Services Website</u> <u>Find community and industry job search</u> <u>resources and log-in to receive a customized</u> <u>newsletter of opportunities</u>

<u>Career Services YouTube Channel</u> <u>Watch our career and professional development</u> <u>content, including recorded workshops and playlists</u>

CAREER EXPLORATION

PhD Career Training Platform Watch over 180 videos with PhDs across disciplines sharing insights into their different career paths, and offering advice for other PhDs exploring their career options

Imagine PhD Developed specifically for humanities and social sciences PhDs, this free resource provides self-assessment tools to help you evaluate your skills, interests, and values, and compare these against a wide diversity of job families that value a PhD **myIDP** Developed specifically for STEM PhDs, this free resource provides self-assessment tools to help you evaluate your skills, interests, and values, and compare these against a wide diversity of STEM PhDs, this free resource provides self-assessment tools to help you evaluate your skills, interests, and values, and compare these against a wide diversity of careers that value a STEM PhD

ChemIDP A tool for chemists to explore career options and create a plan for professional and career development

CareerExplorer A career matching platform that helps people explore their career options

MLA Connected Academics Demonstrating how doctoral education can develop students' capacities to bring their expertise in advanced humanistic study to a wide range of fulfilling, secure, and well-compensated professional situations

Firsthand/Vault Provides in-depth intelligence on what it's really like to work within an industry, company, or profession — and how to position yourself to launch and build the career of your dreams

Interstride An all-in-one platform for international students that provides specialized support for students' career exploration and immigration journey, with a database of international-friendly jobs and internships

PhD Career Exploration Fellowship An annual program that encourages doctoral students to explore expanded career opportunities by facilitating networking relationships with advanced-degree holding professionals

BUILDING PROFESSIONAL AND JOB SEARCHING SKILLS

PhD Career Training Platform Work through a structured curriculum that explains every aspect of the job search process, from networking, creating effective application materials, interview strategies, to confident negotiating

Big Interview complete engaging courses on resumes, interviewing, and negotiating, learn how to build effective STAR stories for your interviews, and practice and record mock interviews

National Center for Faculty Development & Diversity An independent professional development, training, and mentoring community for faculty members, postdocs, and graduate students

LinkedIn Learning Click "Get Services" for a free online training library that provides instructional videos covering a wide range of career and professional development topics, software products, technologies, and business topics

Penn Alumni on LinkedIn A database of >200,000 Penn alumni/students, filterable by discipline, skills, and searchable by keyword Management Consulted A comprehensive resource on consulting and case interview prep, featuring cases, math drills, online video courses, and everything you need to know to ace your consulting interviews

Exponent Exponent is an interview-prep platform that helps you prepare for tech interviews in product management, engineering, and more

