



Career Exploration Assignment

Assignment learning goals:

1. Student will demonstrate a broader understanding of potential career paths emerging from his/her selected field of study
2. Student will analyze and describe the degree of alignment of two career paths to his/her own skills, interests, and values
3. Student will build skills in navigating at least three online career resources and document their use

Step 1:

Using the following resources, **brainstorm a list of two to five jobs** which may be relevant to your skills, interests, and/or academic major. **Complete a separate [Career Exploration Worksheet](#) for each position of interest.**

Resources:

[What Can I Do With a Major In?:](#)

Choose the What Can I Do With a Major In from the Featured Resources. You must access it from this page to have free access as a TWU student. Click on your major, and/or any other major(s) of interest, to find a list of related employment areas, employer types, and career strategies.

[O*NET Online:](#)

To find information about specific occupations, do one or more of the following:

- o Enter a job title or keyword in the “**Occupation Quick Search**” bar
- o Explore options you may not have considered through “My Next Move,” by clicking on “**Find it Now**”

[Focus2:](#)

Create an account (*Activation Code: pioneers*), log in, and check out the following:

- o Take the Interests and Personality Assessments
- o Learn about similarities between the careers that match your interests and personality
- o Explore career options on O*Net related to your assessment results

Step 2:

Reflection: a two-page essay comparing and contrasting two of the careers in relation to the student's interests, skills, and values (citing resources used). See prompts for ideas.



CAREER CONNECTIONS

TEXAS WOMAN'S UNIVERSITY

Essay prompts:

1. Of all the career paths you've discovered, which two paths are you most interested in learning more about at this time?
2. What are the major similarities and differences in these two career paths?
3. Of the two career paths you've researched in more depth, which one appears to be a better match for your interests? Explain.
4. Of the two career paths you've researched in more depth, which one appears to be a better match for your skills? Explain.
5. Of the two career paths you've researched in more depth, which one appears to be a better match for your values (what you find most important in life)? Explain.

OR

*****If you would like to assign your students to meet with a career consultant, please consult with your college's career consultant PRIOR to the start of the semester. We want to ensure we are able to manage all class requests.***

Schedule an appointment with a career consultant, to review this information in person.

When you login to your Handshake account (<https://app.joinhandshake.com/>) in the top right corner, click on "Career Center". Then click on "Appointments" and you can schedule a new appointment from that screen (there are options for in-person, phone, and video call appointments).